

Garlic is a Superfood That Boosts the Immune System; The CBCD Reviews a Report

A scientific study found that people who eat garlic are less likely to catch a cold.
(1)

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“Infected with a latent virus such as herpes, HPV, EBV, CMV, or HCV? The CBCD recommends taking [Gene-Eden-VIR](#) or [Novirin](#).” - Greg Bennett, CBCD

Garlic is a superfood that contains an ingredient effective against viruses and bacteria. That ingredient is called allicin. “British researchers gave 146 people either a placebo or a garlic extract for 12 weeks; the garlic takers were two-thirds less likely to catch a cold. Other studies suggest that garlic lovers who chow more than six cloves a week have a 30 percent lower rate of colorectal cancer and a 50 percent lower rate of stomach cancer.” (1) In another study, Dr. Shetty and colleagues wrote that “Garlic (*Allium sativum* Linn.) has been used as medicine since ancient times and has long been known to have antibacterial, antifungal, and antiviral properties.” (2) Dr. Goncagul concurred, writing that “It’s also known that garlic is a wonderful plant having the properties of empowering immune system, anti-tumour and antioxidant effects.” (3) In addition to eating garlic, the CBCD recommends taking Gene-Eden-VIR or Novirin against latent viruses.



Click to learn more about [latent virus symptoms](#).

The formula of Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD in two clinical studies that followed FDA guidelines. The studies showed that the Novirin formula is effective against a broad range of latent viruses. The clinical studies were published in

Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with (a latent virus) ... reported a safe decrease in their symptoms following treatment..." (4) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (4)

Gene-Eden-VIR and Novirin can be ordered online through their websites, here:

<http://www.gene-eden-vir.com>

or

<http://www.novirin.com>

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinensis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims.

Note: Novirin shares the same formula as Gene-Eden-VIR. The difference between the two is that Novirin has higher quality and more expensive ingredients.

If you choose to use garlic in your food, you should note that "You can increase the health benefits you receive from garlic by letting it sit after you've chopped it or crushed it. If you give your chopped/crushed garlic time to sit before changing its temperature (through cooking) or its pH (through the addition of acidic food like lemon juice), it will give the alliinase enzymes in garlic an opportunity to work on behalf of your health. For example, in the absence of chopping or crushing, research has shown that just 60 seconds of immediate microwaving will cause garlic to lose some of its cancer-protective properties. Immediate boiling of whole, intact garlic will also lower these properties, as will immediate addition of a very low-acid ingredient like lemon juice." (5)

"We believe in a comprehensive, positive blend of natural and Western medicines. It's clear that garlic has many health benefits, including immune system boosting properties. In addition to eating garlic, we recommend taking Gene-Eden-VIR or Novirin." - Greg Bennett, CBCD

All orders of Gene-Eden-VIR and Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

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(3) Goncagul G1, Ayaz E. "Antimicrobial effect of garlic (Allium sativum)." Recent Pat Antiinfect Drug Discov. 2010 Jan;5(1):91-3.

(4) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013. <http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101>

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