

Best Selling Book Available: Preparing For All End-of-Life Issues, Wishes & Events

This book will guide you through the process of assessing your anxiety about death to seeking help writing your obituary, planning your end of life event, etc.

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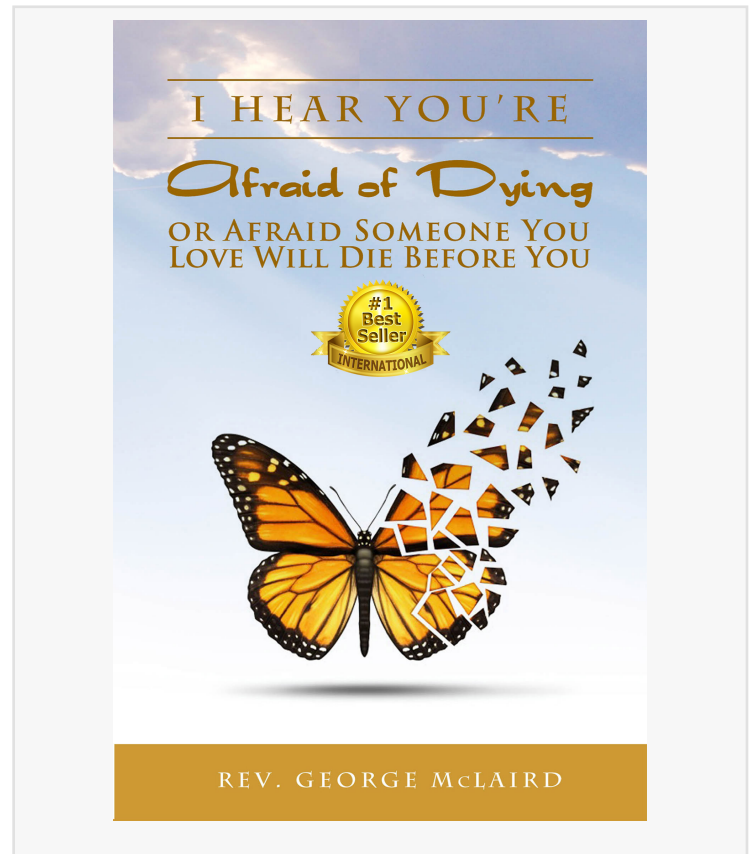
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[Book Preview:](#)

<http://www.amazon.com/dp/B010VKGI4A>

MILL VALLEY, CALIFORNIA, August 3, 2015

If you have qualms about your own death or the pending death of a loved one, get Rev. George McLaird's best selling, *I Hear You're Afraid of Dying or Afraid Someone You Love Will Die Before You*



Even though it is written by a retired Presbyterian Pastor it is not religious as some reviewers have noted.

“Bravo to Rev. George for this book. We can all live better lives & lead with more love, gratitude and joy each day if we embrace the fact that not one of us knows for sure if we will be here tomorrow. Embracing the finality of the life we have in this body is not only liberating but frees us from the bounds of the past and living for the future. We have only now... lead with love & give of your best each day. Preparing for the loss of life whether your own or a loved one is a subject that has changed me for the better. Great insights. Doesn't matter what your beliefs are, this book is for everyone. It will step you through areas so you can gain clarity & liberation. I particularly love that he talks about loss/death as not just about the body but also about death of addiction, vocation, habits and how to acknowledge it and let go via use of ritual - love rituals - a great way to say goodbye, let go with a greater love and allow freedom and peace in.” Bernadette Dimitrov, Australia

If you loved Atul Gawande's magnificent "Being Mortal" you'll love George's book too as it can be a companion to "Being Mortal." It is an easy to follow, step-by-step, self-help guide while preparing for all end-of-life issues.

[Rev. McLaird](#) writes, “This guide was written for those who are:

- Not apart of any faith-based community, (Atheists, agnostics, skeptics, humanists, spiritual but not religious)
- In a spiritual or faith-based community who have not engage in any personal end-of-life planning
- Interested in adding to his or her existing preparations

George has been ordained for 47 years and retired from parish ministry for 14 years and is busy doing things he loves such as spending time with his family and friends, writing, teaching, traveling, conducting ceremonies, and staying as healthy as possible every day.

George's new bestseller, *I Hear You're Afraid of Dying or Afraid Someone You Love Will Die Before You* is available on Amazon.com. Book preview:

<http://www.amazon.com/dp/B010VKGI4A>



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Bernadette Dimitrov

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This press release can be viewed online at: <http://www.einpresswire.com>

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