

Orthopaedic & Spine Center Introduces New Pain Psychologist

OSC Welcomes Dr. Cal Robinson, Psy.D., MSCP, to their Newport News campus as part of their Interventional Pain Management Center.

NEWPORT NEWS, VA, USA, August 3, 2015 /EINPresswire.com/ -- Dr. Cal Robinson, Psy.D., MSCP, will be joining Orthopaedic & Spine Center today, providing



patients with new methods to help them to manage their chronic pain through psychological counseling and treatment programs.

<u>Dr. Robinson</u> is a Fellowship-trained, certified medical psychologist with an extensive career in pain management and pain medicine. His vast experience ranges from assessment and treatment of behavioral medicine disorders to rehabilitation counseling and Psychopharmacology. His clinical interests center on the theory and practice of Acceptance and Commitment Therapy (ACT) especially for chronic pain, suffering, abuse and affective disorders.

"I am thrilled to join the team here at OSC, and bring my practice of Acceptance and Commitment Therapy (ACT) to the greater Hampton Roads area," said Dr. Robinson. "It is a real pleasure to help patients manage their chronic pain through the use of comprehensive psychological treatments programs, designed specifically for each patient and their emotional needs."

Medical psychology uses psychological theories, scientific psychological findings, and techniques of psychotherapy, behavior modification, cognitive, interpersonal, family, and life-style therapy to improve the psychological and physical health of the patient. It is estimated that 80% of patients who undergo psychology evaluations demonstrate significant improvements in their symptoms.

For questions regarding Dr. Robinson or the Interventional Pain Management Center, contact Shannon Woods at 757-596-1900 extension 368.

About Orthopaedic & Spine Center:

Orthopaedic & Spine Center (http://www.osc-ortho.com), located in Newport News, Virginia, is a full-service, state-of-the-art Orthopedic, Pain Management and Regenerative Medicine practice with 32 patient exam rooms, x-ray suites, an Open Magnetic Resonance Imaging (MRI) Center and Physical Therapy Center. Scientific Calculator OSC physicians have full staff privileges at Mary Immaculate Hospital, Riverside Regional Medical Center and active clinical staff privileges at Peninsula Surgery Center.

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