

# Robin Perry Braun of Integrated Life Strategies to be Featured on CUTV News Radio

DALLAS, TEXAS, USA, August 7, 2015 /EINPresswire.com/ -- What do you want to see changed in your life? What are the causes of the things you don't want in your life?

Robin Perry Braun is a licensed professional counselor, certified Emotion Code practitioner and founder of Integrated Life Strategies.

"My ultimate goal is to get people well emotionally, physically, spiritually and teach them how to stay well," says Robin. "I have a diverse and eclectic toolbox of modalities and I offer coaching along with those modalities because staying well is about staying mindful."

Robin says her approach is based on the belief that we are each whole and complete and anything that is not working in our life is due to an imbalance,

block or misalignment spiritually, physically emotionally, mentally and even nutritionally.

According to Dr. Bradley Nelson, creator of The Emotion Code and Body Code system, the most important source of imbalance is our emotions and belief systems. Belief systems create subconscious blocks. As an Emotion Code practitioner, Robin's job is to help her clients remove these blocks and teach them to reprogram their subconscious.

"We're only aware of 10 percent of our thoughts," explains Robin. "My job is to identify those beliefs that aren't serving your life and reprogram them. You're taking out what's bad and putting in what's good. I've had tremendous success with my clients. Nine months later, their lives look totally different."

Robin was first inspired to pursue energy healing after struggling with an eating disorder for much of her life.

"God didn't make anyone broken. If we can't get well it's because we haven't been given the right tools," says Robin. "Nothing is incurable. Rather than despair about my own situation, I believed there was another tool I could use."

Robin says most people are still in a state of survival. In order to release our trapped emotions and



negative beliefs, our body has to be in a state of thriving. Robin offers a nutritional evaluation and brain chemistry evaluation (95 percent of the population has some chemical imbalance due to malnutrition or blocks). By better understanding our unique chemistry we can help bring our body into a physical state so we can heal.

"I am grateful that God has led me on a journey to where I am positioned to make a huge impact on the world," says Robin. "My want to raise people's energetic vibration so they can live a life of peace and joy. That's how we make heaven on earth."

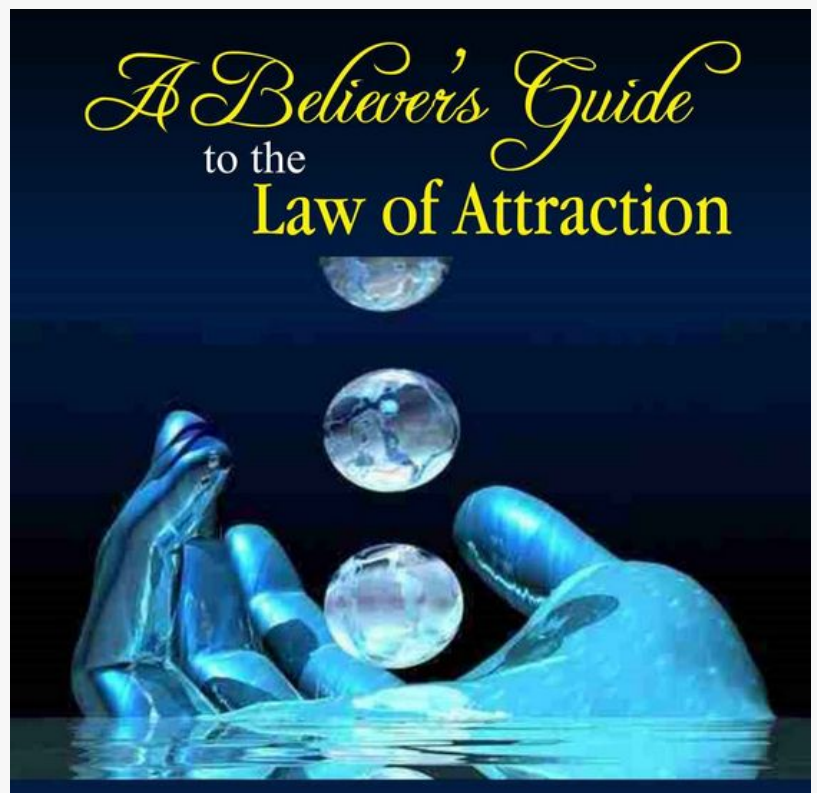
CUTV News Radio will feature Robin Perry Braun in an interview with Doug Llewelyn on August 11th at 12pm EST.

Listen to the show

<http://www.blogtalkradio.com/closeuptalkradio/2015/08/11/cutv-news-radio-spotlights-robin-perry-braun-of-integrated-life-strategies>

If you have a question for our guest, call (347) 996-3389.

For more information on Integrated Life Strategies, visit <http://www.integratedlifestrategies.com/>



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