

Lou Kurjata of Northern Lights Massage to be Featured on CUTV News Radio

DAWSON CREEK, BRITISH COLUMBIA, CANADA, August 14, 2015 /EINPresswire.com/ -- We live our lives through our emotions – that’s what makes life exciting – but we don’t process our emotions very well.

If we think of the human body as a big computer that stores our experiences, emotions, thought patterns and belief systems, we often forget to empty the recycle bin. Eventually, all of these, especially emotions, can develop into energetic blockages in the body leading to physical, mental and emotional pain.

Lou Kurjata is a registered massage therapist, energy healer and the founder of Northern Lights Massage Therapy, where she helps individuals remove the subconscious blocks and trapped emotions that prevent them from reaching their potential for Whole Self Balance.

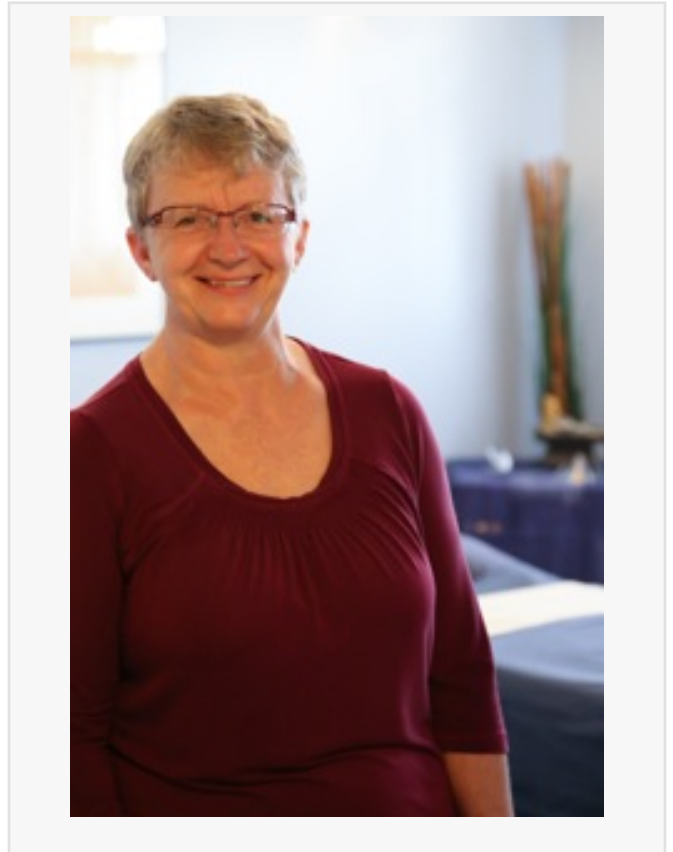
“Whole Self Balance means feeling balanced on physical level as well as an energetic and emotional

level,” says Kurjata. “Whole Self Balance is always a work in progress but it is achievable.”

According to Kurjata, you cannot separate our physical being from our emotional being. It’s all one package. When clients visit Northern Lights Massage Therapy, they often begin a session by telling Kurjata about their aches and pains, but inevitably they will arrive at the real reason for their visit: stress.

“I’m a massage therapist who’s always wanted to dig deeper, so to speak, but always felt like I was on the surface,” says Kurjata. “Throughout the years I’ve been exploring consciousness and how thoughts and emotions and belief systems affect the physical body.”

In session, Kurjata will often use a combination of modalities to deliver the best results possible, most notably The Body Code with the Emotion Code. Developed by Dr. Bradley Nelson, The Body Code and Emotion Code can identify all imbalances, including trapped emotions by simply asking our energy system, our body, our subconscious, what exactly is holding us back. What is causing our pain and stress and distress? Why do we repeat the same story over and over again? Why do we meet the same people? More often than not there is an emotional component – emotions that have not been resolved.



“If these trapped emotions are not removed, the body will begin to “resonate” with them so that we more easily react to situations that reflect the emotions that are still trapped within us – often from childhood,” says Kurjata. “With the Emotion Code, we can simply release them. I can help people become clear about who they are now. I’m always curious. I’m always looking to get the best results. Let’s open the book of you to solve your mystery.”

CUTV News Radio will feature Lou Kurjata in an interview with Doug Llewelyn on August 18th at 5pm EST.

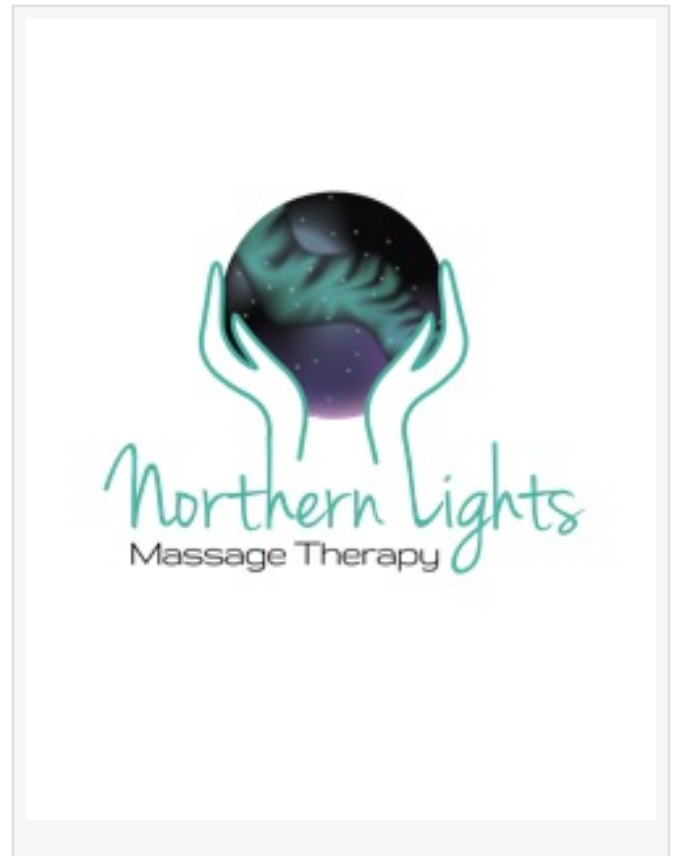
Listen to the show

<http://www.blogtalkradio.com/closeuptalkradio/2015/08/18/cutv-news-radio-spotlights-lou-kurjata-of-northern-lights-massage>

If you have a question for our guest, call (347) 996-3389.

For more information on Lou Kurjata, visit

<http://www.northernlightsmassage.com/>



“

Whole Self Balance means feeling balanced on physical level as well as an energetic and emotional level. It's always a work in progress but it is achievable.

Lou Kurjata

Lou Ceparano
CUTV News
(631) 850-3314
email us here

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases.

© 1995-2015 IPD Group, Inc. All Right Reserved.