



Cosmetic Dentistry Can Be Life-Changing, Says San Diego Specialist

Dr. David S. Hornbrook, a cosmetic dentist in San Diego, says patients often report better quality of life, mirroring the results of a new Case Western study.

LA MESA, CA, USA, August 16, 2015 /EINPresswire.com/ -- Dr. David S. Hornbrook (www.hornbrook.com), a cosmetic dentist serving San Diego, says a recent study showing that women with osteoporosis experience a better quality of life after getting dental implants reflects what he hears from patients at his practice.

"I see both men and women considering cosmetic dentistry from throughout San Diego County who are there for a wide variety of reasons, including tooth loss from osteoporosis," Dr. Hornbrook says. "This [research](#) confirms what I know from experience; dental implants result in excellent patient satisfaction and a major life change."

Researchers at the Case Western Reserve University School of Dental Medicine surveyed women suffering from osteoporosis who had lost a tooth or teeth. The study participants who got dental implants reported a higher overall satisfaction with their lives than those who got other treatments, such as fixed dentures or false teeth. The study is among the first to examine how treatments to replace missing teeth in osteoporotic women improved their lives at work and in social situations, not just for functional reasons.

The study, Dr. Hornbrook says, shows how important a person's smile is to his or her self-confidence. He says people who are bothered by the appearance of their smiles for any reason should consider cosmetic dentistry treatments, which have advanced significantly in recent years.

"I think everyone should look in the mirror and love their smile," Dr. Hornbrook says. "Investing in yourself pays dividends for a lifetime."

Besides missing teeth, many patients turn to cosmetic dentistry for chipped, misaligned, or stained teeth, or to correct uneven spacing. Teeth whitening, dental implants, and porcelain veneers offer women and men excellent options for what the San Diego specialist calls a "smile makeover."

"Even something as simple as teeth whitening by an experienced dentist can significantly improve a patient's overall appearance," Dr. Hornbrook says. "Patients tell me they didn't realize cosmetic dentistry would help them look younger, for instance. People are really amazed by how much more confident they are, letting themselves smile in pictures more and just having a sunnier outlook in general. An appearance boost can truly be life-changing."

###

Dr. David S. Hornbrook established the Hornbrook Center for Dentistry (www.hornbrook.com) shortly after graduating from the UCLA School of Dentistry in 1986. Having served on the faculty of many postgraduate university programs in aesthetic or cosmetic dentistry, Dr. Hornbrook is known internationally as a leader in the field. He is also the founder of the Hornbrook Group and consults with manufacturers. He is an active member of the community and has raised 2 sons in

the La Mesa area. Dr. Sarah Winter joined the Hornbrook Center in 2015. She is a graduate of the University of Nevada, Las Vegas School of Dental Medicine and performs general dentistry.

Andrea Samarkos
Hornbrook Center for Dentistry
(619) 463-7797
email us here

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases. © 1995-2018 IPD Group, Inc. All Right Reserved.