

## BodyTalk Practitioner Toni Stevens to be Featured on CUTV News Radio

DURHAM, NORTH CAROLINA, USA, August 24, 2015 /EINPresswire.com/ -- We all desire loving relationships and optimal health, but all too often what prevents us from achieving these dreams is ourselves and the negative patterns we've developed borne from our past experiences. We see so many women who have accomplished amazing things. What is the difference? What sets them apart?

Toni Stevens is a BodyTalk practitioner who specializes in the connection between our emotions and our health. Toni empowers her clients to honor their past while choosing a new reality for the future.

"When we repeat the past, we don't allow ourselves to fulfill our true potential," says Toni. "I help people create a new legacy that allows them to live their hopes and dreams."

According to Toni, our bodies possess an innate, self-healing mechanism. When this mechanism is able to assert itself, the body and mind operate as they were originally designed for optimal health.

"There's an innate wisdom directing our body's myriad processes, like the way our body knows how to heal a cut," explains Toni. "This wisdom holds the memory of anything that has ever happened to us. That's the part of the client I want to speak to. The work is directed by the client's innate wisdom and I am able to go straight to the places that need to be balanced."

As a BodyTalk practitioner, Toni uses this innate wisdom to identify and remove emotional and physical imbalance. Once cleared of these imbalances, seemingly miraculous transformations occur.

"It gives me a great feeling when I teach people how to create happier, healthier, more self-



*bodytalk access trainer*  
*certified teacher of meditation and reiki*

efficient and powerful.”

CUTV News Radio will feature Toni Stevens in an interview with Doug Llewelyn on August 26th at 2pm EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio/2015/08/26/cutv-news-radio-spotlights-bodytalk-practitioner-toni-stevens>

If you have a question for our guest, call (347) 996-3389.

For more information on Toni Stevens, visit <http://www.tonistevens.com>

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