



Washington, D.C. Practice Offers Non-Surgical Vaginal Rejuvenation

ThermiVa™ is an FDA-cleared, non-surgical vaginal tightening and rejuvenation treatment now available in Washington, D.C. at Ruff Plastic Surgery.

WASHINGTON, DC, USA, August 30, 2015 /EINPresswire.com/ -- Ruff Plastic Surgery (www.ruffplasticsurgery.com) is now offering ThermiVa, an FDA-cleared device that uses the same radiofrequency technology employed by anti-aging procedures for non-surgical vaginal rejuvenation and tightening.

"We are seeing more patients from around Washington, D.C. who are concerned about the appearance of their genitalia, as well as sensation," Dr. Paul G. Ruff IV says. "We offer a number of surgical procedures for these issues, but ThermiVa gives us a safe and effective non-surgical option."

ThermiVa works by delivering radiofrequency energy from a handpiece to heat both external and internal vaginal tissue. No anesthesia or downtime is required. The treatment is temperature-controlled so it is safe and comfortable, and the energy spurs a healing response deep in the skin to tighten it. Dr. Ruff says this offers not only cosmetic benefits, but it also restores tissues to their original position so that sensation is intensified during sexual activity.

This radiofrequency skin-tightening technology is also commonly used by cosmetic plastic surgeons for anti-aging facial procedures and has been proven safe.

In Washington, D.C., Dr. Ruff is the only preferred provider of ThermiVa treatments. He says there has been an increase in patients asking for vaginal rejuvenation treatments in recent years.

"Many patients are mothers who have had children and now want to revive that most intimate part of their lives," Dr. Ruff says. "I think plastic surgery in general has less of a stigma these days, so more people are speaking up and asking about these procedures, even though it can be a sensitive topic. I expect that popularity to grow even more now that there's an excellent non-surgical option."

Heating tissue is a standard procedure to promote the generation of new collagen, which is a key factor in improving the skin's elasticity. Other non-surgical skin-tightening treatments offered at Ruff Plastic Surgery include ThermiSmooth™ and ThermiTight™, which use similar radiofrequency devices for tightening facial skin.

The ThermiVa procedure involves 3 separate treatment sessions that are scheduled a month apart. Dr. Ruff says ThermiVa works as a stand-alone procedure, but it's also a good addition to a Mommy Makeover, which is a set of procedures meant to rejuvenate several areas affected by pregnancy and childbirth.

"One of the missions of our practice is to help improve the quality of our patients' lives," Dr. Ruff says. "ThermiVa helps us fulfill that mission by offering women who want to avoid surgery an effective treatment that doesn't require downtime. It's a wonderful addition to our services, and we expect patients to be impressed by the results."

Dr. Ruff encourages patients who are interested in ThermiVa to call the practice at (202) 785-4187.

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Washington, D.C.'s Ruff Plastic Surgery (www.ruffplasticsurgery.com) is the private practice of board-certified plastic surgeon Dr. Paul G. Ruff IV. Dr. Ruff got his undergraduate degree at Georgetown University and medical degree at Eastern Virginia Medical school. He then pursued postgraduate training in general surgery and critical care at Washington Hospital Center and plastic surgery at the University of California, San Diego. In 2001, Dr. Ruff started his private practice, where he offers a wide range of cosmetic procedures for the face, breasts, and body. Ruff Plastic Surgery also offers numerous non-surgical treatments including BOTOX® Cosmetic and filler injections, laser and energy treatments, and skincare services. In 2014, Dr. Ruff was joined in practice by facial plastic surgeon Dr. Michael Somenek, who performs specialized reconstructive and cosmetic procedures of the face.

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