

Bestselling Author Rodney Flowers to Host Inspiring 9-week Live Video Program Get Up & Achieve More

Develop and unbreakable spirit and become empowered to overcome life's greatest challenges

LEONARDTOWN, MARYLAND, USA, September 7, 2015 /EINPresswire.com/ -- Rodney Flowers, author of the bestselling book, *Get Up! I Can't. I Will. I Did...Here's How!*, has opened registration for his inspiring nine-week video conference program, [Get Up and Achieve More](#).

The program begins on October 1, 2015, and it will help all who participate develop an unbreakable spirit so they can kick adversity aside and come back stronger than ever.

"If you've ever felt like you've taken such a body blow that you might not be able to bounce back, I encourage you to learn about my program, *Get Up and Achieve More*," says Rodney Flowers. "Over the course of nine dynamic weeks you'll learn to master life-transforming lessons and principles that will enable you to overcome any obstacle and live your dreams."

Rodney goes on to say, "After a serious high school football injury that paralyzed me and put me in a wheelchair, I busted through tremendous barriers to rise up, walk tall again and become a bestselling author. I did it by embracing a set of life-changing lessons that now form the core of my, *Get Up and Achieve More* program."

Get Up and Achieve More is an action-based program that is intended to energize all who participate in this high-powered program and help them bust free from self-imposed beliefs that hold them back; let go of limiting attitudes and replace them with a "can-do" mindset; awaken the amazing power they have within to overcome any challenge; and use past setbacks as fuel for future success stories.

New York Times bestselling author, Peggy McColl is among many who fully endorse Rodney Flowers and his inspiring programs, "...Rodney Flowers encourages you to think positive, never give up and keep working hard towards your dreams. His ability to surpass obstacles, overcome adversity, and rise to his level of success is truly amazing."

Ms. McColl concludes by saying, "For all he has done and continues to do to help those around him speaks volumes about his heart! Rodney Flowers is truly an inspiration."

Rodney Flowers' *Get Up and Achieve More* program begins on October 1, 2015, and runs for nine



Rodney C Flowers

consecutive weeks. The course fee includes multiple teaching materials and weekly video conference sessions with Rodney, who will lead the group through inspiring lessons, exercises and assignments.

Those who register for the program before September 13, 2015, will save more than \$300 and receive over \$1,500 in bonus items.

For further pricing information and additional details about Rodney's Get Up and Achieve More program, contact him today at Rodney@RodneyFlowers.com or visit RodneyFlowers.com.

About Rodney Flowers

Rodney Flowers is the author of the bestselling book, *Get Up! I Can't. I Will. I Did...Here's How!* He has gained a well-earned reputation in the African-American community as a vibrant role model who has a tremendous impact on every life he touches. He holds a BA and Master's Degrees in Business Administration, and he's contributed more than 14 years of his life to service with the U.S. Department of Defense (NAVY).

In addition, he is a co-author of the Amazon international bestseller, *Unwavering Strength, Volume 2*, which is a moving collection of stories by 35 gifted authors. Rodney also generously provides rental properties to those in need through his private real estate company.

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