

A Nonfiction Educational Streaming Video Series Positioned for a Leading SVOD Provider

Empowering People Through Challenges & Change

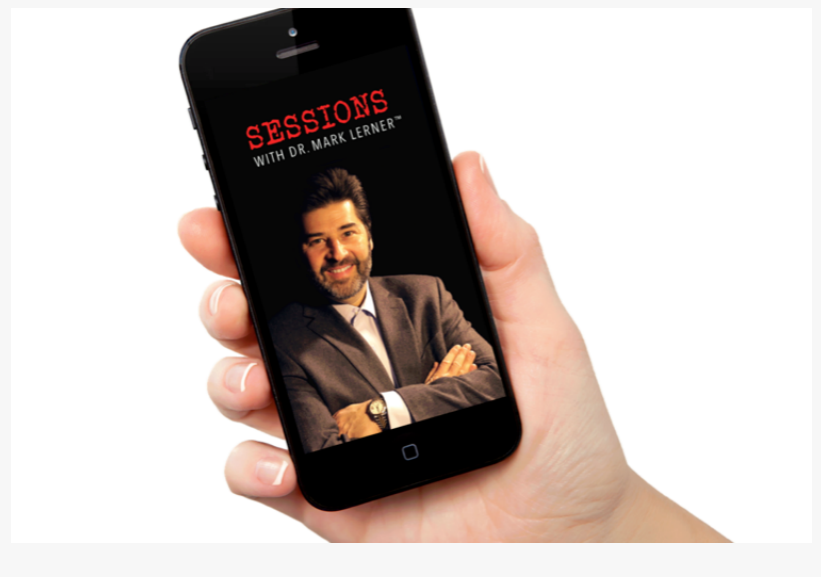
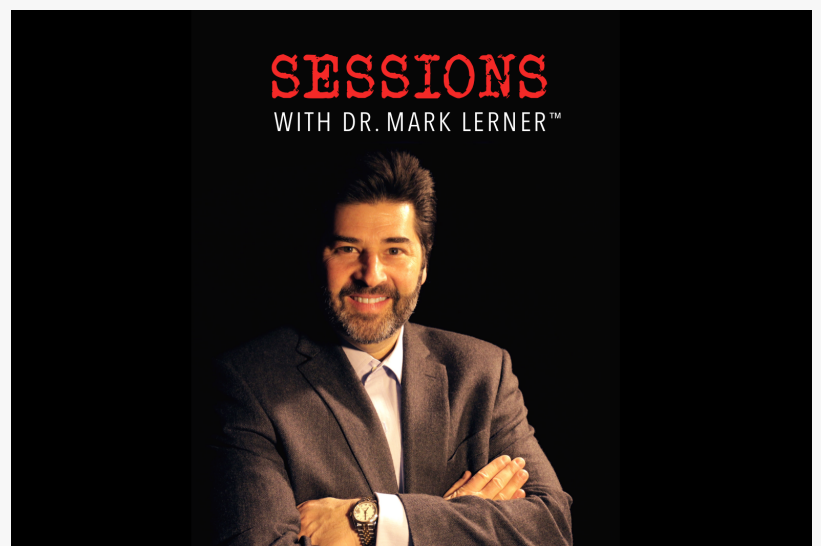
MELVILLE, NEW YORK, USA, September 8, 2015 /EINPresswire.com/ -- In 2008, an HBO drama entitled "In Treatment" debuted and ran through 2010. The program, about a psychologist and his patients, aired five nights a week. It won critical acclaim and numerous honors, including Emmy, Golden Globe and Writers Guild awards. There was clearly an audience for fictitious, meticulously scripted "therapy" sessions.

Today, an innovative nonfiction educational series entitled **SESSIONS with DR. MARK LERNER™** is fostering emotional wellness. This production features a psychologist and his "clients" — people who have walked the journey from victim to survivor and, ultimately, thriver.

Instead of scripted sessions portrayed by actors, distinguished "real people" enact a session from years past when they were grappling with a challenging experience. They then elucidate how they learned to harness their painful emotional energy and use it to overcome.

Journalistic interviews are highly structured and "cognitive" — thought-based in nature. **SESSIONS** are prepared yet unscripted, facilitating the expression of authentic thoughts and feelings. Dr. Lerner's "Session Notes," immersed in this production, provide practical strategies and tools that foster emotional wellness.

MarkLerner.com





I want to rouse the SVOD world with real people sharing real stories that inform and inspire audiences.

Dr. Mark Lerner

Dr. Mark Lerner
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This press release can be viewed online at: <http://www.einpresswire.com>

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