

# Europe's Refugees Helped by Free Trauma Counseling

*Multi-lingual Therapy Service Aids the Displaced from Middle East, Asia, North Africa*

NEW YORK CITY, NEW YORK, US, October 2, 2015 /EINPresswire.com/ -- October 2, 2015- New York City - An Internet group therapy service has initiated a program to provide psychological support for the thousands of refugees from the Middle East, Asia, and North Africa who are currently entering Europe seeking new homes. In cooperation with the World Mind Network, Friends Beyond Borders, and the Adelina Foundation, Growthnet, a U.S. company that offers various kinds of [group counseling](#) via web conferencing, is offering no-cost online sessions to any refugee who applies, according to the Friends Beyond Borders CEO, John Toomey. "These people are entering Europe with all kinds of needs" he says. "The governments in Europe are overcome with just handling practical things like food and shelter, so psychological and emotional traumas associated with the journey often go untreated. Some of these people have crossed the Mediterranean in leaky boats, been beaten by traffickers, and



Refugees Desperate to reach European Shores



Exhausted Refugees on the Beach at Lesbos, Greece

lost loved ones along the way. As long as we are able, we will help them adjust."

Key to the program's success is translation software newly developed by [translateyourworld.com](#). The refugees typically speak languages like Arabic, Kurdish, Berber, and Hausa, and cannot understand therapists who speak only European languages. The new software allows the counselor to speak German, English, French, Russian, Spanish, Italian, Portuguese, Greek, or Russian, but the client can read the therapist's words in real time on their Smart phone or computer screen in Arabic, Turkish, Azeri, Swahili, or several other languages.

"Most people from the Middle East come from countries where psychotherapy is not common" says Soani Gunawan, language director for the project. "So being able to communicate with them in their

own tongue can be critical not only to make them comfortable, but to allow them to see why counseling can be immensely beneficial to them during the kinds of ordeals they are facing.”

An additional benefit to using the immediate translation software is that clients become more at ease with the native language of the country they are entering. A typical interaction, for example, is a German speaking therapist counseling an Arabic-speaking client. Since Germany is interested in



Crowd of Middle Eastern Refugees Await Processing in Serbia

assimilating refugees who qualify to remain as permanent residents, such an interaction is useful in helping the migrant learn a new tongue, since they are hearing the host language (German) at the same time as they read the target language (Arabic).

Plans are in the works to extend the program to other refugee crises, such as those facing the Rohingya in Southeast Asia, and Hutu and Tutsi peoples in Rwanda and Congo.

For more information contact [friendsbeyondborders@gmail.com](mailto:friendsbeyondborders@gmail.com), or go to [www.therapion.com](http://www.therapion.com) or [www.translateyourworld.com](http://www.translateyourworld.com).

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