

Talk Therapy with A Founding Father

Robert Morris financed the American Revolution and ended up in Debtors' Prison

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Author Jon Foyt and Publisher Andrew Benzie Books release a surprising New Historical Fiction Novel, *The Mind of an American Revolutionary*, the life and thoughts of Robert Morris, one of America's lesser-known Founding Fathers, who played a Vital Role in Financing the [American Revolution](#) with his own funds and yet ended up in Debtors' Prison. Real Men may eat quiche, but do real men do [Talk Therapy](#)?

That is the question Jon Foyt's historical novel asks—and answers—in “*The Mind of an American Revolutionary*,” the life and motivations of one of the lesser known—but equally significant—Founding Fathers. Extensively researched, Foyt's 12th novel tells the tale of Robert Morris, an illegitimate immigrant lad from off the docks of Liverpool, who financed the American Revolution—at times with money out of his own pocket—and then ended up in debtor's prison.

Set during the Revolutionary war years and the concurrent emergence of psychology in Europe, the novel explores Morris' mind and his emotions as he pursues the Colonists'

cause and is relentlessly questioned by an inquisitive Hessian Major, whose task is to discover why wars are fought and what underlies an individual's motivations, in what today we would call psychological counseling, or talk therapy.

As to contemplating the economic reasons for the American Revolution, Foyt brings to his novel both a business school background and his years of experience in the trenches as an American entrepreneur in real estate, radio broadcasting, banking, and publishing plus his own personal encounters with talk therapy, all of which creates the authenticity of this novel.

Foyt's interest in Robert Morris began when he was sent by an Oregon bank to a conference at Rutgers University where he learned that Morris was the patron saint of banking for having financed the American Revolution and starting the first-ever bank in North America.

The Mind of an American Revolutionary is available on Amazon, Kindle, Barnes and Noble, and Orinda Books

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About the author: At age 83, Foyt, who has completed 60 marathons, lives in the active adult community of Rossmoor in Walnut Creek, California. He holds an AB and MBA from Stanford, and completed the degree work for a Masters in Historic Preservation at the University of Georgia. This is his 12th novel.



Financier of the American Revolution

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