

# Essential Spiritual Living Life Coaching will put you in the Starting Line-up for Life

EL DORADO HILLS, CALIFORNIA, UNITED STATES, October 6, 2015 /EINPresswire.com/ -- What if you lived your life like it was your favorite hobby? What if, instead of accumulating problems and adding them to the burdens you carry daily, you met someone who could help you turn those problems that burden you into challenges that strengthen you? What if life wasn't a to-do list but an invitation to a party? What if you had a chance to perceive your life as an event that, with coaching, can bring you to a winning trophy? Everyone has done a semester or two at the school of hard knocks, but most of us



leave before we graduate. Linda Criddle is one of those rare life scholars who got her degree in adversity and now that she knows what it means to encounter obstacles and overcome them, she's determined to use her knowledge by helping others. Her [GoFundMe crowdfunding campaign](#) would like to raise \$550k so that she can make use of what life has taught her. Life coaching is a way to reach out to others who need guidance and encouragement when life seems to offer only hurdles.

Her business will be named Essential Spiritual Living. In order to transform the life lessons she's learned into a format that will enable her to mentor and guide others, she requires training and certification. Enrolling at the Health Coach Institute for a six-month course will require a tuition payment of \$4950. She would be ready to begin her life coaching after she completes the teaching module. Then she'll be able to receive clients. "I see so many people stuck in their lives or overcome with obstacles that are preventing them from being all that they can be," Criddle explains, "and from living a happy, fulfilled life." Criddle believes that as inhabitants of the community in which we live, we all need to put our best selves out there so that we can come together to make the world a better place for everyone.

The [life coaching business](#) will help people identify and achieve personal goals by designing life principles that will help them to attract and create the life they will love to live. For Criddle, it's a way to fulfill her calling to contribute to the world by making it a better place and helping others to live a healthier, happier life. The training will provide her with the foundational skills she needs in order to have a deeper and more meaningful impact on the people she'll be coaching. Crowdfunding support will bring all of her soul-searching to fruition as she dedicates her energies and her knowledge to helping those who need guidance from someone who understands them and what they're going through.

People will come to know themselves better by taking part in the Essential Spiritual Living program

Criddle will oversee, which will include life coaching, counseling, weekend retreats and group retreats as part of the quality, cost-effective treatment that she'll offer.

Criddle also intends to offer products which can be purchased by clients. Advertisements on her website will promote products that seek to connect with the demographic that Essential Spiritual Living will serve. Criddle's mission is to become competitive with larger and costlier services in the El Dorado Hills, California area; to help the customers [reach their true potential to lead](#) a life that's worthy not merely of living, but of celebrating, and to promote the well-being of individuals and families in the area by providing accessible, high-quality personal and group life coaching for all generations.

Helping Criddle reach her audience is a strong marketing plan that will utilize SEO marketing to increase traffic to the upcoming website; social media; blogging; email and Pinterest, among the other methods that will promote her business. But her strongest asset will be the dedication to customer service that Essential Spiritual Living will offer to its patrons.

Have you spent enough time in the school of hard knocks? Finding a good coach can get you to the finish line. Essential Spiritual Living intends to provide that life coaching for people who want their lives to be worth living.

#### About Essential Spiritual Living

Essential Spiritual Living (<https://gofundme.com/lifecoachingtoday>) is the life coaching business that Linda Criddle will begin after she finishes her training at the Health Coach Institute. The tuition for the six-month course is \$4950, which Criddle seeks to raise with her GoFundMe crowdfunding campaign. Essential Spiritual Living will focus on the life coaching and counseling to help people identify and achieve personal goals with the aid of life principles that have been designed to help them develop a life that they love to live. With the mentoring and guidance that Criddle will provide, clients will gain new perspectives into the spiritual journeys that they are undertaking.

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