

## Is there a Natural Way to Fight Fatigue Caused by EBV?; The CBCD Recommends Gene-Eden-VIR to Reduce Chronic Fatigue

"In the US alone, the feeling of fatigue is responsible for 10 - 15 million visits to the family doctor every year." (1)

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"Infected with the Epstein Barr Virus (EBV)? The CBCD, recommends taking <u>Gene-Eden-VIR</u> or <u>Novirin</u> against the latent virus.

Many individuals experience fatigue. In fact, "studies have shown that one-third of the general population reports a feeling of fatigue, with 5% reporting a feeling of short-term fatigue, and 31% reporting a feeling of long term or chronic fatigue." (1) People who have this sort of fatigue experience a " sense of tiredness, lack of energy, a feeling of exhaustion, and impaired physical and/or cognitive performance." (1) One of the most important causes of a feeling of fatigue is an infection with a latent virus such as the Epstein-Barr virus (EBV).

The CDC notes that EBV is "one of the most common human viruses. EBV is found all over the world. Most people get infected with EBV at some point in their lives. EBV spreads most commonly through bodily fluids, primarily saliva." (2)

The Center for the Biology of Chronic Disease (CBCD) believes that many individuals who experience fatigue want an effective, natural remedy that will help them feel better. The Center therefore recommends Gene-Eden-VIR or Novirin.





These two natural antiviral products have a formula that was shown to reduce symptoms of EBV infection, and specifically fatigue, in two separate post-marketing clinical studies that followed FDA guidelines. It was designed to help the immune system target the latent EBV.

clinical studies that followed FDA guidelines. The studies showed that the formula is effective against the herpes simplex family of viruses, which includes EBV. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with the (EBV) ... reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR." (3) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (3)

Gene-Eden-VIR and Novirin can be ordered online through their product websites, here:

## http://www.gene-eden-vir.com

and

## http://www.novirin.com

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims.

How is EBV linked to Chronic Fatigue?

"One theory, developed by Dr. Lerner and a group at The Ohio State University (that includes Drs. Ariza, Glaser, and Williams), proposes that EBV undergoes 'abortive replication' in some people... in abortive replication, a defective form of EBV produces early proteins, but is unable to produce later ones. The Ohio State group believes continual production of these proteins is causing a chronic inflammatory state in some people with ME/CFS." (See Simmaron Research, from March 10, 2014) (4)

Another theory that shares some ideas with abortive replication was presented by Dr. Hanan Polansky, in 2003. (See CBCD.net) (5). According to Dr. Polansky, during the EBV latency phase, the virus still produces proteins. The viral DNA which includes sequences called N-boxes that cause most major diseases. The viral N-boxes microcompete with the human DNA and can causes the human DNA to produce abnormal levels of human proteins. This leads to disease.

In both theories, the human disease is caused by the production of a limited set of viral proteins, a set which is different from that of a fully functioning active virus. In other words, both theories do need the virus to be active for a disease process to start. They only need the presence of the virus, and the production of a limited set of proteins. Dr. Polansky's theory uses the common term, "latency", while Dr. Lerner's theory uses the term "abortive replication."

To learn more about Dr. Hanan Polansky's research and the Theory of Microcompetition with Foreign DNA, visit:<u>http://www.cbcd.net</u> (5).

"We recommend that if you suffer from fatigue, you should get an EBV blood test. If positive, talk to your doctor about Gene-Eden-VIR or Novirin." - Greg Bennett, CBCD

Interested individuals can view the published study on the formula of Novirin and fatigue here: (See Pharmacology & Pharmacy, from March, 2014) (5).

http://www.scirp.org/journal/PaperInformation.aspx?PaperID=44234#.VNiOxeaUf90

Find us on Facebook here: <u>https://www.facebook.com/GeneEdenVIR</u> Follow us Twitter here: @HananPolansky

All orders of Gene-Eden-VIR and Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

(1) Eden-VIR Decreased Physical and Mental Fatigue in a Post Marketing Clinical Study That Followed FDA Guidelines; Results Support Microcompetition Theory. Published in March 2014. <u>http://www.cbcd.net/Gene-Eden-VIR-Decreases-Fatigue-Clinical-Study.php</u>

(2) CDC.gov - About Epstein-Barr Virus (EBV) - Page last reviewed: January 6, 2014

(3) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013. <u>http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101#.U-s9ouOSz90</u>

(4) EBV I: A Deficient Immune Response, Increased Levels of Epstein-Barr Virus Opens Up EBV Question in Chronic Fatigue Syndrome Again. Published on March 10, 2014. <u>http://simmaronresearch.com/2014/03/1591/</u>

(5) The Center for the Biology of Chronic Disease (CBCD) <u>http://www.cbcd.net/index.php</u>

Mike Davis CBCD 585-250-9999 email us here

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