

Genital Herpes: How Many Outbreaks is Normal?; The CBCD Answers a Survey Question

HSV affects everyone a little differently, the number of outbreaks vary, between none and about 5 per year. (1)

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“Infected with the herpes virus (HSV-1 or HSV-2)? The CBCD recommends taking [Gene-Eden-VIR](#) or [Novirin](#).” - Greg Bennett, CBCD

The Center for the Biology of Chronic Disease (CBCD)'s October 2015 survey found that 34% of participants with a herpes infection wondered how many outbreaks are typical. To raise awareness on this subject, the CBCD notes that the “physical impact the virus has on someone’s body is primarily the result of four factors: how well a person’s immune system is able to combat the infection, how long the person has had the infection, (and) whether or not the virus is established in its site of preference, and viral type.” (1) As the STD project states on its website, “The immune system’s ability to respond to and suppress HSV triggers is a key factor in whether or not someone will experience frequent outbreaks.” (1)

The Center for the Biology of Chronic Disease (CBCD) recommends that anyone diagnosed with a herpes infection take Gene-Eden-VIR or Novirin. The formula of these natural antiviral products was shown to reduce HSV

symptoms in two separate post-marketing clinical studies that followed FDA guidelines. Additionally, it was designed to help the immune system target the latent form of the virus.

Click to learn more about [herpes symptoms](#).



is effective against the family of herpes viruses, including HSV-1 and HSV-2. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, “individuals infected with (HSV-1 or HSV-2)...reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR.” (2) The study authors also wrote that, “We observed a statistically significant decrease in the severity, duration, and frequency of symptoms.” (2)

Both products can be ordered online on the Gene-Eden-VIR and Novirin websites, here:

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinensis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims.

Note: Novirin shares the same formula as Gene-Eden-VIR. The difference between the two is that Novirin has higher quality and more expensive ingredients.

It is important to note that WebMD says that “People who have symptoms average 5 outbreaks a year during the first few years. Most have fewer outbreaks after that. People report that certain things may trigger outbreaks, such as: emotional stress, fatigue, other infections, such as a cold or the flu, physical injury, such as irritation, of the genital area, new sex partners, menstruation ... (and) ... any condition that weakens the immune system.” (3)

What treatments are available for herpes infections?

“Two types of antiviral treatments against HSV are available: topical and oral. The treatments include penciclovir, acyclovir, famciclovir, and valaciclovir. However, their effectiveness is limited. For instance, a meta-analysis of five placebo-controlled and two dose comparison studies evaluated the effect of aciclovir, famciclovir or valaciclovir on symptoms. The meta-analysis showed that oral antiviral therapy decreases the duration and the associated pain of an outbreak by merely one day.” (2) There are also the natural supplements Novirin and Gene-Eden-VIR, which have a formula that was designed to help the immune system target the herpes virus when it is in a latent form.

The CBCD reminds the public that Gene-Eden-VIR and Novirin are not a cure. However, two clinical studies, published in peer reviewed medical journals showed that their formula decreases symptoms in infected individuals. Specifically, the formula of Gene-Eden-VIR and Novirin was shown to safely and effectively reduce herpes symptoms. Additionally, it was designed to help the immune system target the latent virus.

“We recommend that individuals who are infected with a latent herpes virus, take Gene-Eden-VIR or Novirin.” – Greg Bennett, CBCD

Find us on Facebook here: <https://www.facebook.com/GeneEdenVIR>

Follow us Twitter on here: @HananPolansky

All orders of these products are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

(1) Davis, JM "How many outbreaks will I get? Herpes Outbreaks" - The STD Project: Breaking the Stigma.

<http://www.thestdproject.com/how-many-outbreaks-will-i-get-herpes-outbreaks/>

(2) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013.

<http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101>

(3) WebMD.com - Genital Herpes Health Center - Genital Herpes - What Happens - Last Updated: November 14, 2014

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