

## Genital Herpes: How and When is the Disease Diagnosed?; The CBCD Answers a Survey Question

Also, what is the best time to go to the doctor for a diagnosis?

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"Infected with the herpes virus (HSV-1 or HSV-2)? The CBCD recommends taking Gene-Eden-VIR or Novirin." - Greg Bennett, CBCD

The Center for the Biology of Chronic Disease (CBCD)'s October 2015 survey found that 66% of participants did not know how genital herpes infections are diagnosed and when. To raise awareness on this subject, the CBCD notes that "There are several diagnostic tests available for herpes, requiring either a swab from a herpes blister or a blood test. The blood test can tell if you have been exposed to the virus in the past, but will not tell you if a particular sore is caused by herpes, or reliably differentiate between HSV-1 and HSV-2. Swabs can tell you if the sore is herpes or not, and what type it is, but can't tell if it is an initial infection or a recurrence. If you think you may have contracted the virus, see your doctor for testing." (1)

The Center for the Biology of Chronic Disease (CBCD) recommends that anyone diagnosed with a herpes infection take Gene-Eden-VIR or Novirin. The formula of these natural antiviral products was shown to reduce HSV symptoms in two separate postmarketing clinical studies that followed





FDA guidelines. Additionally, it was designed to help the immune system target the latent form of the virus.

is effective against the family of herpes viruses, including HSV-1 and HSV-2. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with (HSV-1 or HSV-2)...reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR." (2) The study authors also wrote that, "We observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (2)

Both products can be ordered online on the Gene-Eden-VIR and Novirin websites, here:

http://www.gene-eden-vir.com

and

## http://www.novirin.com

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinensis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims.

Note: Novirin shares the same formula as Gene-Eden-VIR. The difference between the two is that Novirin has higher quality and more expensive ingredients.

It is important to note that the CDC says "Testing for genital herpes can be useful when someone has genital symptoms that might be related to herpes. Testing helps by confirming the diagnosis and allowing the provider to counsel about what to expect in the future, the role of treatment, and what preventive measures should be taken to reduce transmission to current and future partners. Testing can also be useful when someone has a sex partner with history of genital herpes to see if they are infected. If uninfected, then counseling about ways to reduce risk of acquiring genital herpes infected should be offered. Herpes blood testing may be useful for people seeking a full STD evaluation, especially for people with multiple sex partners. Testing is recommended for people with symptoms, because treatment is available to partially control the symptoms of herpes. In addition, persons with symptomatic genital herpes who take daily antiviral medication can reduce the risk of spreading HSV-2 to their sex partners by 50%." (3)

What treatments are available for herpes infections?

"Two types of antiviral treatments against HSV are available: topical and oral. The treatments include penciclovir, acyclovir, famciclovir, and valaciclovir. However, their effectiveness is limited. For instance, a meta-analysis of five placebo-controlled and two dose comparison studies evaluated the effect of aciclovir, famciclovir or valaciclovir on symptoms. The meta-analysis showed that oral antiviral therapy decreases the duration and the associated pain of an outbreak by merely one day." (2) There are also the natural supplements Novirin and Gene-Eden-VIR, which have a formula that was designed to help the immune system target the herpes virus when it is in a latent form.

The CBCD reminds the public that Gene-Eden-VIR and Novirin are not a cure. However, two clinical studies, published in peer reviewed medical journals showed that their formula decreases symptoms in infected individuals. Specifically, the formula of Gene-Eden-VIR and Novirin was shown to safely

and effectively reduce herpes symptoms. Additionally, it was designed to help the immune system target the latent virus.

"We recommend that individuals who are infected with a latent herpes virus, take Gene-Eden-VIR or Novirin." – Greg Bennett, CBCD

Find us on Facebook here: https://www.facebook.com/GeneEdenVIR

Follow us Twitter on here: @HananPolansky

All orders of these products are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

## References:

- (1) "Herpes: Your Questions Answered" Mydr.com.au Last Reviewed: 26 November 2012
- (2) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013.

http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101

(3) CDC.gov - Genital Herpes Screening FAQ - Page last reviewed: September 8, 2010

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