

# Natalie Mamin of Inspirational Tapping to be Featured on CUTV News Radio

JERSEY CITY, NEW JERSEY, USA, November 30, 2015 /EINPresswire.com/ -- Americans typically don't believe bad things are going to happen to them. When faced with serious personal challenges and transitions, we often don't know how to cope in a way that's healthy.

Natalie Mamin is the founder of Inspirational Tapping and CEO of Superior Acumen, Inc., a boutique life coaching practice that incorporates Emotional Freedom Technique or EFT tapping to help individuals and families create more satisfaction from their lives. Natalie encourages her clients to lay down their fears about the future and embrace their journey as an opportunity for personal growth.

"People have a choice to make: would you rather master disappointment or seek fulfillment? I bring a fresh perspective because a lot of Americans don't know how to enjoy the present moment. They are too worried what other people think of them," says Natalie. "My clients might believe something is a problem, but we'll look at it from a different angle and find it's not

really a problem, it's just a place to get started."

Natalie is a true believer and living proof of the power of EFT Tapping. A published economist in her native Russia at 24 years old, Natalie worked on Wall Street for 15 years.

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*Natalie Mamin*

"My dream was to succeed on Wall Street," she recalls. "I was doing well by American standards but it was getting to be too much. You do what's expected of you but you're not in touch with your own feelings."

Shortly after these realizations, Natalie was in a terrible car accident that left her bedridden for nearly six months. Desperate, depressed and miserable, she gained 100 lbs.

She recalls she felt like a "beautiful woman in a body suit." It was during this time that she discovered EFT and self-help. Through tapping, Natalie was able to heal her post-traumatic stress disorder, fibromyalgia and lost over 50lbs."

"There's a saying in Russia: 'You have to sweep the dirt before you start cleaning the house,' says



Natalie. "This is all about being centered. I do EFT on myself every day: first thing in the morning and last thing at night."

Tapping allows you to stay in the comfort of your home with a qualified professional who can guide you through your emotions. Natalie says she believes her clients appreciate her personality: straight to the point and no nonsense.

If you want to work with a Life Coach that is 100 percent committed to your success, a generous listener and a bit edgy, Natalie Mamin is for you.

CUTV News Radio will feature Natalie Mamin in an interview with Doug Llewelyn on December 2nd and December 9th at 11am EST.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Inspirational Tapping, visit <http://www.InspirationalTapping.com> and <http://www.SuperiorAcumen.com>

Lou Ceparano  
CUTV News  
(631) 850-3314  
email us here

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