



Aging and Viruses: Are they Related?; The CBCD Releases Youtube Video

In a new video, Hanan Polansky and Adrian Javaherian explain how a latent virus can shorten the lifespan of a healthy individual.

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Can a virus in the latency phase cut the lifespan of a healthy person? This question is answered by Dr. Hanan Polansky and Adrian Javaherian in a new video released on Youtube.com. The video was produced by the Center for the Biology of Chronic Disease (CBCD).

The video can be seen here: <https://www.youtube.com/watch?v=2UYTvVbi9rA>

The video explains the findings of a paper published in the medical journal, Open Medicine in easy to understand, everyday language. The title of the paper is "The Latent Cytomegalovirus Decreases Telomere Length by Microcompetition."

What is a [latent virus](#)?

A latent virus is a type of persistent viral infection where the virus makes only a limited number of its proteins, and replicates on a reduced scale. (1) During latency, the infected individual has no symptoms. Sometimes a latent infection is called "sub-clinical." Many medical professionals have long believed that a latent virus is not dangerous. However, the Theory of Microcompetition challenges this belief.

What are [telomeres](#)?

Telomeres are an essential part of human cells that affect how our cells age. Telomeres are the caps at the end of each strand of DNA that protect our chromosomes, like the plastic tips at the end of shoelaces. (2)

These and other concepts come together in the video released by the CBCD, and are presented in a fun, easy to understand manner.

The medical paper by Hanan Polansky and Adrian Javaherian can be downloaded and read here:

<http://www.degruyter.com/view/j/med.2015.10.issue-1/med-2015-0042/med-2015-0042.xml>

We invite the media to contact us for interviews at: info(at)cbcd(DOT)net, or phone 585-250-9999.

References:

(1) "Latent Virus" - Encyclopedia.com

(2) "Are Telomeres The Key To Aging And Cancer?" - University of Utah Health Sciences
<http://learn.genetics.utah.edu/content/chromosomes/telomeres/>

(3) Microcompetition with Foreign DNA and the Origin of Chronic Disease. Published 2003.
<http://www.cbcd.net/Book.php>

(4) Can a latent virus cut the life span of a healthy person? – CBCD
<https://www.youtube.com/watch?v=2UYTvVbi9rA>

Greg Bennett
CBCD
585-250-9999
email us here

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