

Does a Cold Sore Mean You Have Herpes?; The CBCD Answers a Survey Question

"If you've ever gotten a cold sore on your mouth, you have herpes." (1)

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"Infected with the herpes virus (HSV-1 or HSV-2)? The CBCD recommends taking [Gene-Eden-VIR](#) or [Novirin](#)." - Greg Bennett, CBCD

The Center for the Biology of Chronic Disease (CBCD)'s November 2015 survey found that 37% of participants had the false belief that they were not infected with the herpes virus even if they got cold sores from time to time. The reality, however, is that "if you've ever gotten a cold sore on your mouth, you have herpes. You don't have Herpes Lite, or the freemium version with in-app purchases and ads, or beginner's herpes - you have regular, full-blown, 100-percent real herpes." (1)

Additionally, "a recent World Health Organization study found that 2 of every 3 people has herpes somewhere on their body. And people who've 'only gotten a cold sore once' can pass herpes on to others even if they don't have visible sores or symptoms at the time." (1)

When an individual does experience symptoms, depending on the strain of herpes with which he or she is infected, that person can develop cold sores (usually due to HSV-1) or genital herpes (usually due to HSV-2). The CDC notes that when the genital herpes virus causes symptoms, an individual usually experiences "one or more blisters on or around the genitals, rectum or mouth. The blisters break and leave painful sores that may take weeks to heal. These symptoms are sometimes called "having an outbreak." The first time someone has an outbreak they may also have flu-like symptoms such as fever, body aches, or swollen glands. Repeat outbreaks of genital herpes are common, especially during the first year after infection. Repeat outbreaks are



The Center for the Biology of Chronic Disease (CBCD) recommends that anyone diagnosed with a herpes infection take Gene-Eden-VIR or Novirin. The formula of these natural antiviral products was shown to reduce HSV symptoms in two separate post-marketing clinical studies that followed FDA guidelines. Additionally, it was designed to help the immune system target the latent form of the virus.

Click to learn more about [herpes symptoms](#).

The formula of Gene-Eden-VIR and Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD. The studies showed that the Gene-Eden-VIR and Novirin formula is effective against the family of herpes viruses, including HSV-1 and HSV-2. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with (HSV-1 or HSV-2)...reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR." (3) The study authors also wrote that, "We observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (3)

Both products can be ordered online on the Gene-Eden-VIR and Novirin websites, here:

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinensis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims.

Note: Novirin shares the same formula as Gene-Eden-VIR. The difference between the two is that Novirin has higher quality and more expensive ingredients.

It is important to note that, as Dr. Greg Cumberland, DDS, says "[we in the] dental and medical community are starting to see more HSV-2 on the lips and HSV-1 on the genitals. In others words, performing oral sex on someone with HSV-2 you can get mouth sores and someone with lip sores can give their partner HSV-1 on the genitals by performing oral sex." (1)

What treatments are available for herpes infections?

"Two types of antiviral treatments against HSV are available: topical and oral. The treatments include penciclovir, acyclovir, famciclovir, and valaciclovir. However, their effectiveness is limited. For instance, a meta-analysis of five placebo-controlled and two dose comparison studies evaluated the effect of aciclovir, famciclovir or valaciclovir on symptoms. The meta-analysis showed that oral antiviral therapy decreases the duration and the associated pain of an outbreak by merely one day." (3) There are also the natural supplements Novirin and Gene-Eden-VIR, which have a formula that was designed to help the immune system target the herpes virus when it is in a latent form.

The CBCD reminds the public that Gene-Eden-VIR and Novirin are not a cure. However, two clinical studies, published in peer reviewed medical journals showed that their formula decreases symptoms in infected individuals. Specifically, the formula of Gene-Eden-VIR and Novirin was shown to safely and effectively reduce herpes symptoms. Additionally, it was designed to help the immune system target the latent virus.

“We recommend that individuals who are infected with a latent herpes virus, take Gene-Eden-VIR or Novirin.” – Greg Bennett, CBCD

Find us on Facebook here: <https://www.facebook.com/GeneEdenVIR>

Follow us Twitter on here: @HananPolansky

All orders of these products are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

(1) Bedford, Morgan L. "Stop Saying Cold Sores Aren't 'Real Herpes'." Published December 7, 2015. <http://www.cosmopolitan.com/sex-love/a50139/cold-sores-are-herpes-too/>

(2) Genital Herpes - "CDC Fact Sheet." Page last updated: October 14, 2015 - CDC.gov

(3) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013. <http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101>

(4) WebMD.com - Genital Herpes Health Center - Genital Herpes - What Happens - Last Updated: November 14, 2014

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