

Herpes Infection and Eating Peanuts; The CBCD Explores a Link

Peanuts contain the amino acid arginine, which older studies show may trigger herpes outbreaks. (1)

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“Infected with the herpes virus (HSV-1, or HSV-2)? The CBCD recommends taking [Novirin](#) or [Gene-Eden-VIR](#).” - Greg Bennett, CBCD

Older studies showed that foods, which contain the amino acid arginine, such as peanuts, may cause herpes outbreaks. These studies claimed that the herpes virus needs “this amino acid for growth, replication and to become active.” (1) Healthline.com notes that, “a cup of peanuts contains 4.6 grams of arginine.” (2)

However, more recent studies disagree.

In a Japanese study from 2009, Dr. Naito and colleagues wrote that “Arginine suppressed the growth of HSV-1 concentration-dependently.” (3) Specifically, the arginine does not cause herpes outbreaks as originally thought. Instead, it may actually kill the herpes virus, if it is consumed within the very first hours of viral reactivation.

Click to learn more about [HSV symptoms](#).



The Center for the Biology of Chronic Disease (CBCD) recommends that infected individuals take Novirin or Gene-Eden-VIR, which have a natural, antiviral formula that was shown to effectively reduce herpes virus symptoms in two separate post-marketing studies that followed FDA guidelines.

Additionally, the formula of these products was designed to help the immune system target the latent form of the virus. Moreover, there is no controversy concerning the

The formula of Novirin and Gene-Eden-VIR was tested by Hanan Polansky and Edan Itzkovitz from the CBCD. The studies showed that the Gene-Eden-VIR and Novirin formula is effective against the family of herpes viruses, including HSV-1 and HSV-2. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with (HSV-1 or HSV-2)...reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR." (4) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (4)

Both products can be ordered online on the Novirin and Gene-Eden-VIR websites, here:

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinensis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims.

What treatments are available for herpes infections?

"Two types of antiviral treatments against HSV are available: topical and oral. The treatments include penciclovir, acyclovir, famciclovir, and valaciclovir. However, their effectiveness is limited. For instance, a meta-analysis of five placebo-controlled and two dose comparison studies evaluated the effect of aciclovir, famciclovir or valaciclovir on symptoms. The meta-analysis showed that oral antiviral therapy decreases the duration and the associated pain of an outbreak by merely one day." (4). There are also the natural supplements Novirin and Gene-Eden-VIR, which have a formula that was designed to help the immune system target the herpes virus when it is in a latent form.

"We recommend that individuals concerned about infection with the latent herpes virus (HSV-1 or HSV-2) and reactivation of the herpes virus, take Novirin or Gene-Eden-VIR." – Greg Bennett, CBCD

Find us on Facebook here: <https://www.facebook.com/GeneEdenVIR>

Follow us Twitter here: @HananPolansky

All orders of Gene-Eden-VIR and Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

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(3) Naito T1, Irie H, Tsujimoto K, Ikeda K, Arakawa T, Koyama AH."Antiviral effect of arginine against herpes simplex virus type 1." Int J Mol Med. 2009 Apr;23(4):495-9.
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