

# Herpes: Things Infected Individuals Should Never Do; The CBCD Reviews a Study

*Some things can lead to recurrence of herpes or even worsen your condition.*  
(1)

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"Infected with the herpes virus (HSV-1 or HSV-2)? We recommend taking [Gene-Eden-VIR](#) or [Novirin](#)." – Greg Bennett, CBCD

There are certain things that those who are infected with the herpes virus should never do. According to Dr. Rohit Batra, one of these things is to allow physical, skin-to-skin contact during a herpes outbreak. (1) In fact, people with sores should not give kisses or have genital contact until after the sores have scabbed over, and the scabs have fallen off by themselves. Another thing infected individuals should never do is to self-medicate with products that have no clinical studies to back their claims. Additionally, people with herpes should not intentionally put themselves in stressful situations. The stress could cause the latent virus to reactivate (and thus cause an outbreak). Finally, infected individuals should never think twice about seeing a doctor with any concerns about their herpes infection. (1)

Click to learn more about [herpes symptoms](#).

The Center for the Biology of Chronic Disease (CBCD) recommends that

individuals infected with the latent herpes virus (HSV-1 or HSV-2), take Gene-Eden-VIR or Novirin. The formula of these natural antiviral supplements was designed to help the immune system target the latent HSV.



viruses. The clinical studies were published in the peer reviewed, medical journal *Pharmacology & Pharmacy*, the first, in a special edition on *Advances in Antiviral Drugs*. Study authors wrote that, "individuals infected with the HSV ... reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR." (2) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (2)

Both products can be ordered online on the Novirin and Gene-Eden-VIR websites, here:

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

Novirin and Gene-Eden-VIR are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses.

To date, Novirin and Gene-Eden-VIR are the only natural antiviral products on the market with published clinical studies that support their claims.

The CDC notes that "the only way to avoid STDs is to not have vaginal, anal, or oral sex. If you are sexually active, you can do the following things to lower your chances of getting herpes: Being in a long-term mutually monogamous relationship with a partner who has been tested and has negative STD test results; Using latex condoms the right way every time you have sex. Herpes symptoms can occur in both male and female genital areas that are covered by a latex condom. However, outbreaks can also occur in areas that are not covered by a condom so condoms may not fully protect you from getting herpes." (3)

Are there effective herpes treatments?

Until now, drugs approved for the treatment of HSV infections include penciclovir, acyclovir, famciclovir, and valaciclovir. However, their effectiveness is limited. For instance, "a meta-analysis of five placebo-controlled and two dose comparison studies evaluated the effect of aciclovir, famciclovir or valaciclovir on symptoms. The meta-analysis showed that oral antiviral therapy decreases the duration and the associated pain of an outbreak by merely one day." (2) Unlike drugs or vaccines, which target the active herpes virus, there are two natural remedies that target the latent HSV. These clinically backed remedies are Novirin and Gene-Eden-VIR.

" Those concerned about the effect of the latent HSV on their bodies, should take Novirin or Gene-Eden-VIR." - Greg Bennett, CBCD

Find us on Facebook here: <https://www.facebook.com/GeneEdenVIR>

Follow us on Twitter here: @HananPolansky

All orders of Gene-Eden-VIR and Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

(1) 4 things people suffering from herpes should NEVER do!

<http://www.thehealthsite.com/diseases-conditions/things-people-suffering-from-herpes-should-never-do-b0116/>

(2) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September

2013.<http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101#.VCvd5GeSz90>

(3) Genital Herpes - CDC Fact Sheet (Centers for Disease Control and Prevention)

<http://www.cdc.gov/std/herpes/stdfact-herpes.htm>

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