

Diane Marie Giles of Reclaim Your Castle to be Featured on CUTV News Radio

DELAWARE, ONTARIO, CANADA, February 4, 2016 /EINPresswire.com/ -- Our main goal as people is to have a happy and loved soul. Sadly, many hesitate to begin their healing journey because they find it overwhelming. It does not have to be that way. We don't need to struggle and have so many challenges in life. Life can be easier if we take the time to be present in the moment. We all have the ability to heal ourselves. We just need to take the time to breathe and be with ourselves.

Diane Marie Giles is a sacred healer and the creator of Reclaim Your Castle, a holistic health and wellness business delivering healing services to those with various imbalances in their physical, mental, emotional and spiritual layers.

"The answers are not outside in the world, they are within us, and the only person we are accountable to is ourselves," says Diane. "When we make that shift in our perspective, miracles happen."

Diane Marie Giles moved to Canada from the United States in 2006 when she remarried. It was a new beginning and she knew she did not want to return to the corporate world. She had experienced many traumas in her life and now she had the opportunity to "reclaim herself". Her healing journey began and upon realizing how beautifully she was making progress she decided to become certified in the modalities that were helping her.

"It was a time in my life to restore myself. I didn't feel like myself. I knew there was more to me," says Diane. "I hope sharing my healing journey will inspire today's listeners to take action on theirs. It is through my personal experiences that I am able to serve my clients."



DIANE GILES
Sacred Healer

Energy Therapy® Master Instructor, Diane is a practitioner of SACRED SCALE™ music.

The SACRED SCALE™ is a set of nine frequencies, all in Divine proportion to each other and to all that exists. This scale empowers us to connect with our full potential.

“The SACRED SCALE™ has put me in tune with myself, both physically and spiritually,” says Diane. “Music sound waves have a vibration that enters each of our cells. Playing the SACRED SCALE™ harp has had profound results. Now I see myself as a whole person instead of two. The more I work with the SACRED SCALE™, the deeper my healing goes.”

“Each healing no matter what the modality brings new insights, new perspectives and new opportunities to grow oneself,” says Diane. “It all depends on where my clients are in their journey, how willing they are to heal, and if they believe in miracles. The more we surrender to the healing process, the faster it will go.”

CUTV News Radio will feature Diane Marie Giles in an interview with Jim Masters on February 8th at 11am EST.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Reclaim Your Castle, visit <http://www.sacredhealings.ca>

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