

Women's Rights Advocate Dr. Cheryl Saban Says 'Freedom Isn't Free'. An Exclusive Conversation With Zefyr Life Magazine.

Dr. Cheryl Saban opens up candidly about surviving rape, growing up in the 50's and 60's in America, why being a feminist matters and the price of freedom.

LONDON, UK, February 9, 2016 /EINPresswire.com/ -- Acclaimed author and Women's Rights advocate Dr. Cheryl Saban granted Zefyr Life Magazine an exclusive interview where she opens up candidly about surviving rape in her teen years, growing up in the 50's and 60's in America, why being a feminist matters and the price of freedom.

'Rape culture and oppression of women are not confined to Middle-East geographies - as recently forcefully illustrated by The Hunting Ground, a documentary shocker on rapes taking place on American college campuses. It takes a lot of courage and generosity to speak out publicly about those issues to



Dr. Cheryl SABAN

raise awareness and bring about justice and change, especially in the way victims' voices are being heard and acknowledged by authorities, be they University Deans or the police. ' said Florian David, Editor-in Chief of Zefyr Life Magazine and CEO of Zefyr Worldwide in London.

Lina Daugirdaite, Zefyr Life Magazine's Co-Founder, added: 'I find Cheryl Saban's story incredibly inspiring and empowering. As Sartre said 'We are what we make of what others have made of us' and this is what we can all learn from Cheryl. We are so very happy to share Cheryl's ideals, and we hope that this interview will move both women and men alike'.

The entire interview can be read on Zefyr Life Magazine's website on <http://www.zefyrlife.com>.

About Cheryl Saban: Dr. Saban is an author, psychologist, and a social activist for Gender Equality. Dr. Saban was nominated by Secretary of State Hillary Clinton, and appointed by President Obama to serve as a Public Delegate at the United Nations 67th General Assembly, in 2012-13, and as a US Delegate to the United Nations 57th Conference on the Status of Women in 2013. She was also presented with the Global Women's Rights Award by the Feminist Majority Foundation. Dr. Saban

formed the non-profit The Cheryl Saban Self-Worth Foundation for Women and Girls in 2009, and dedicated \$12 million dollars to the empowerment and equality of women and girls in the U.S. and abroad by granting funds to organizations that support education, health, advocacy, and financial independence. Dr. Saban is on the board of Trustees of Girl's Inc., The Clinton Foundation, Children's Hospital Los Angeles, The Saban Research Institute, and The Saban Free Clinic of Los Angeles. Other affiliations include The Everychild Foundation, and the Saban Forum for Middle East Studies at the Brookings Institution. Previously she served as a Commissioner for the City of Los Angeles Commission for Children, Youth and Their Families; the Board of Directors of the Los Angeles Universal Preschool; and the Board of Overseers at the Keck School of Medicine at USC. She has been happily married for 28 years to entertainment mogul Haim Saban and the couple has four kids and four grand-kids. Cheryl Saban earned her Ph.D. in Psychology from California Coast University, and is a member of the American Psychological Association.

About Zefyr Life Magazine : Zefyr Life Magazine aims to inspire its audience by engaging with individuals from all walks of life who challenge the status-quo and bring about change in the world. Zefyr Life Magazine features intimate conversations with talented personalities whose lives are defined by uncompromising freedom, pioneering creativity and willpower. In today's interconnected world, change can happen faster than ever. Zefyr Life Magazine wants to encourage people to 'Think big, because the world is small'.

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