

Trouble With Teething Toddlers

All toddlers and their parents go through teething challenges. This is what you need to know to make the period as comfortable as possible

LOS ANGELES, CALIFORNIA, USA, February 19, 2016 /EINPresswire.com/ -- Every baby experiences teething differently. It usually starts around 5 or 6 months of age, but it is normal for teething to start anytime from 3 months to 12 months! This continues until they are around 3 years old.

After the front and bottom teeth have come through in the first year, most toddlers get their first molars between 12 months and 16 months, their canines (the pointed teeth on each side at the front) between 16 months and 20 months and second molars between 20 months to two and a half years. The order and timing of how they'll appear isn't always the same.



Monkey Around Baby Bandana Bib

Typical teething side effects are drooling, night waking, irritable behavior and sometimes even vomiting. Some babies are lucky enough to have virtually no symptoms while others are in pain for months.

A great way to help a teething toddler is to offer something cold to chew on, such as a raw carrot straight from the fridge. Staying with the baby when they are chewing on it is important, to make sure he doesn't choke on any pieces he bites off.

A cold, wet wash cloth can be soothing to suck on or a chilled teething ring. Be careful if using liquid-filled rings as they could leak.

Your toddler may lose his appetite while he's teething and milk feeding can become harder due to the sucking action causing more blood to rush to the swollen areas, making them more sensitive so your baby may not want to breast feed or bottle feed. Perhaps try drinking from a cup to keep hydration levels up, and cool water can be soothing too. Chilled soft foods such as yogurt or mashed banana may soothe their gums and be more appealing.

Teething gels are not recommended for toddlers as there's little evidence that they work. However, if you do choose to use a gel, make sure it's sugar-free. Sugar is a cause of tooth decay, which can lead to cavities that need fillings, so you don't want to be covering your toddler's emerging tooth buds in sugar.

Follow the instructions on the packaging. Resist the temptation to put the gel on more often than the instructions suggest. Swallowing too much gel could be harmful. Mouth ulcer and general pain relief gels for adults aren't suitable for your teething toddler.

Alternatively you can buy homeopathic teething products from pharmacies. There's no evidence that they work either, but some moms like to use them.

Amber is a traditional remedy for teething, which some parents put on their toddlers in the form of necklaces, bracelets or anklets. It is thought that a small amount of amber oil is released into the baby's system and can ease discomfort.

Again, there is no medical evidence to back up these claims. And wearing an amber necklace or bracelet also carries the risk of strangling or choking if the jewellery gets caught on something. If you do use an amber necklace or bracelet, remember that it shouldn't be sucked or chewed on, as this can cause choking if a bead is accidentally swallowed.

If all else fails, and your toddler is in real distress, you can give him a dose of infant paracetamol or ibuprofen. These are effective painkillers and can make him feel more comfortable quite quickly. Always check the dosage information on the packet, or ask your doctor or pharmacist about how much to give your child.

During the teething times, a drool bib can be very helpful to prevent your baby's outfits from getting soaked from drool. Baby bandana bibs have become a very popular and stylish choice in recent years as they are in a triangle shape which does not restrict your baby's movement and are less likely to get annoyed by them. There is huge variation in styles and quality but an organic cotton drool bandana bib which is free from polyester or plastic would be a safe and comfortable choice. Look for snaps rather than velcro which can scratch up your baby's skin and get stuck to everything else in the wash.

Monkey Around Baby are an organic baby company that are at the forefront of eco-friendly baby products. Their bandana drool bibs use naturally colored organic cotton, which means no toxic clothing dyes. They insist on using double layered organic cotton as opposed to cheaper polyester. All their baby bandana bibs come beautifully presented in a recyclable gift box. Monkey Around Baby products are exclusive to [Amazon](#).

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