

CEO Sara Soulati Appears March 3 on 'Business Rockstars' Entrepreneurial Business Show; Segment to Air 2:15 PM PDT

Sara Soulati, founder of Sara Soulati Health For Life Program, and is CEO Global Cardio Care. She details her entrepreneurial journey on Business Rockstars.

LOS ANGELES, CA, USA, March 3, 2016 /EINPresswire.com/ -- [Sara Soulati](http://www.sarasoulati.com), CEO of Los Angeles-based Global Cardio Care, Inc., <http://globalcardiocare.com> a physician practice management firm, and creator of the Sara Soulati Health for Life Program (SSHFLP), appears today on "[Business Rockstars](http://businessrockstars.com)" Entrepreneurial Business Show with Host Ken Rutkowski, Co-founder and President of Business Rockstars. <http://businessrockstars.com>



On the set of Business Rockstars

The multi-channel business show features entrepreneurs, small business owners and the world's most accomplished CEOs. With a cumulative audience of more than 1 million, Business Rockstars <http://businessrockstars.com> airs on radio, streaming live video, social media via podcast, and online.

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I heal hearts around the world with instant feedback and coaching with love to educate people that cardiovascular disease is preventable.

Sara Soulati, CEO, Global Cardio Care, Inc.

Soulati was invited to share her entrepreneurial journey since she founded Global Cardio Care, Inc. in March 2002 and to discuss the success of her patent-pending lifestyle modification program. The Sara Soulati Health For Life Program prevents and reverses cardiovascular disease with vegan/plant-based nutrition, exercise and EECF therapy.

People who enroll in her program receive a Health

Assessment for EECF Circulation therapy with Lifestyle Education and Instant Feedback delivered by Coaching with Love – the five elements of the SSHFLP.

"I appreciate the opportunity Business Rockstars has given me to share my personal and professional journey to heal hearts around the world," said Sara Soulati, CEO of Global Cardio Care, Inc., Los Angeles. "The core of my program is to coach with love and instant feedback so everyone can learn that cardiovascular disease is preventable."

Rutkowski queried Soulati about how she launched her business in an underserved African-American community so she could teach lifestyle modification with vegan/plant-based nutrition and heal hearts from advanced cardiovascular disease. Soulati shared that as the years have progressed, she has been able to convert more people to a vegan lifestyle that helps prevent and reverse cardiovascular disease alongside EECF therapy.

Tune in to BusinessRockstars.com or Yahoo! and watch the live streaming interview or listen on KFWB-AM radio or tune in to the podcast on Stitcher Radio, iHeart Radio, iTunes, Slacker, Tunein, and iTunes.

About Sara Soulati

As CEO of Global Cardio Care, Inc., Sara Soulati is the world's leading authority on delivery of a program to prevent and reverse cardiovascular disease based on vegan/plant based nutrition combined with five elements that assess, deliver a circulatory therapy, provide instant feedback with education and coaching with love. She manages a physician practice that delivers EECF therapy in Inglewood since 2002 and in West Los Angeles since 2012. Visit <http://globalcardiocare.com> or Global Cardio Care on YouTube and Facebook.

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