

Rochel Rittgers of Infinite Living to be Featured on CUTV News Radio

BETTENDORF, IOWA, USA, March 10, 2016 /EINPresswire.com/ -- While traditional western medicine has its treatment protocols for nearly every potential injury, illness or disease, energy medicine expands the possibilities.

According to Rochel Rittgers, western medicine has not recognized the energetic meridian system. As a result they're missing a significant aspect of the human body. All of our systems work together in unison as opposed to individual parts in a vacuum. When we address everything together, we can work toward a state of harmony in the body.

Rochel is the founder of Infinite Living, which is dedicated to supporting individuals on their journey toward realizing physical, emotional and spiritual health. Rochel describes her practice as

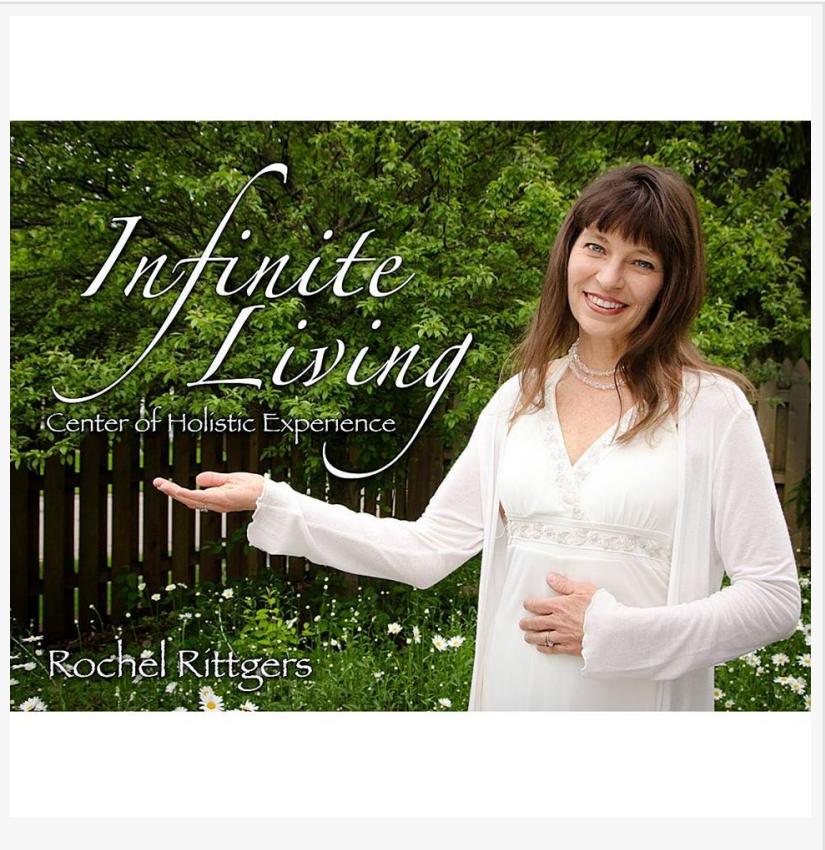
a center for holistic experience and incorporates a variety of energy healing modalities to facilitate this process for her clients.

"Sometimes I describe myself as a personal trainer for the mind, body and spirit," says Rochel. "It's an integrative approach to addressing the complete person. It goes beyond just health because that term doesn't account for the spiritual aspect of life. Most people think of health as physical or emotional. It's bigger than that."

For over 30 years, Rochel had been involved in sports medicine, serving as a director of sports medicine in a collegiate setting. One day she was introduced to the book *Mutant Message Down Under* by Marlo Morgan, which recounts the story of the author's experience with the healing powers of the aborigines of Australia.

"A man fell off a cliff and broke his leg," recalls Rochel. "All the aborigines gathered around this gentleman and for the whole night someone put their hands on him and the next morning everyone, including this gentleman, stood up and journeyed to their next site. He was healed. From that moment on, my journey became to find that modality."

Not too long after, a colleague was diagnosed with throat cancer. She didn't want the traditional



chemotherapy, radiation care so she asked the doctors at the Mayo Clinic to direct her toward a more holistic natural approach. Together, Rochel and her friend were introduced to Qi Gong.

"This was the solution that I'd been looking for: the possibility of healing bones overnight," says Rochel. "I spent the next 11 years deeply studying this process."

Though she no longer works directly in western medicine, today Rochel incorporates Qi Gong, Intensive Emotional Release Therapy and even StarGate into her practice. Furthermore, Rochel seeks to respectfully and effectively integrate concepts of western and eastern medicine into a whole-minded approach toward the complete health of each sacred client. She says it all works toward promoting the holistic experience of being in harmony with nature. She says it helps people find a greater sense of peace, calm and purpose.

"I want to work alongside, and in harmony with, any allopathic care a client may also be receiving," says Rochel. "It just makes me feel so good to affect these people's lives in such amazing ways. We're talking about healing that's truly significant, meaningful and powerful."

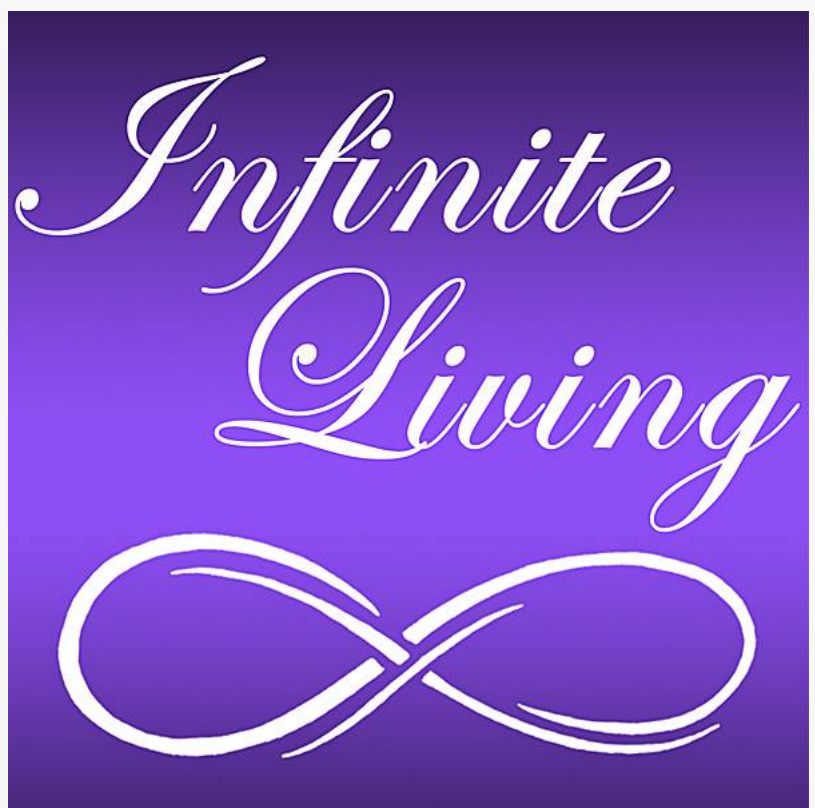
CUTV News Radio will feature Rochel Rittgers in an interview with Doug Llewelyn on March 14th at 11am EST.

Listen to the show on [BlogTalkRadio](#).

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I describe myself as a personal trainer for the mind, body and spirit. It's an

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If you have a question for our guest, call (347) 996-3389.

For more information on Infinite Living, visit
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Rochel Rittgers