

Myrna Burd of Emotional Peace to be Featured on CUTV News Radio

FINDLAY, OHIO, USA, March 16, 2016 /EINPresswire.com/ -- We've tried counseling, medications, self-help books and gurus only to find ourselves still desperately fighting debilitating emotions and addiction.

Myrna Burd is the founder of Emotional Peace, an energy-based healing practice that specializes in the Emotion Code. The Emotion Code is a revolutionary healing modality that allows people to release their trapped negative emotions. These negative emotions contribute to, and in some cases directly cause, physical and emotional pain, as well as illness and disease.

"I believe we're put here to be successful and enjoy life, to live life in abundance and not despair and desperation," says Myrna. "The Emotion Code is such a blessing. I know how miserable life can be, but what's better is now I know how wonderful life can be."

Like so many people, Myrna has gone through a number of painful experiences throughout her life.

"My emotions controlled my life," says Myrna. "Depression and despair would hit and I would plummet into darkness. My laughter and joy left and could be gone for months or even years. What a limiting way to live."

Myrna was determined to find a better way; she tried a number of healing modalities. She found limited relief through medication and counseling, but it wasn't until a friend recommended they attend an Emotion Code seminar that Myrna finally discovered the path for which she had been searching.



"At the seminar the subject of Heart Walls came up," recalls Myrna, "my ears perked up. This was a

“It’s not our fault or weakness, but energy trapped within us that keeps us in bondage.”

As Myrna explains it, we have an energy that surrounds and influences our physical body. When we have a problem in our energy body, we experience mixed messages and blocks. We get stuck in negative patterns and we can’t move on. According to the philosophy of the Emotion Code, once you address this trapped emotion, the energy is free to flow as it should again. We can then reclaim agency of our physical and emotional well-being.

Today, Myrna helps people achieve freedom from a range of issues, including depression, anxiety, PTSD and even physical pain such as fibromyalgia. In session, Emotion Code is used to tune into the subconscious and identify the emotional blockage. Once the blockage is identified, the client is directed to focus on love and gratitude; while using this emotional focal point, magnets are run along the primary meridian of the back in order to release the trapped emotion.

“I used to work with people in healing ministry and it was successful, but the pain we had to go through was excruciating. You had to drag people through painful memories and they were understandably resistant,” says Myrna. “With the Emotion Code, I can do in one simple session what used to take me five or six difficult and painful sessions. They don’t have to hurt. They don’t have to engage the pain. We can just release it!”

CUTV News Radio will feature Myrna Burd in an interview with Doug Llewelyn on March 18th at 4pm EST and with Jim Masters on March 25th at 4pm EST.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Emotional Peace, visit <http://www.myrnaburdemotionalfreedom.com/>

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