

# Blue Summit Wellness Founder Miriam Coons to be Featured on CUTV News Radio

SANDY, UTAH, USA, March 23, 2016 /EINPresswire.com/ -- Throughout our life we encounter stressful situations: divorce, death, loss of a job, disappointments. Sometimes the emotions are so great we don't know what to do with them. We don't process them fully and they can become stuck within us. These "trapped emotions" can block us from success and happiness. They can also cause all kinds of physical symptoms such as pain, anxiety, depression, sickness and disease.

We're conditioned to look for problems in the physical realm with a tangible, physical solution like a pill or surgery, when very often the physical imbalance or pain we're dealing with has an emotional or energetic root cause.

Miriam Coons is a Certified Emotion Code Practitioner, Complete Emotional Release Practitioner and President of Blue Summit Wellness. She works with individuals to release the trapped negative energies that prevent us from feeling happy, attracting loving relationships, achieving financial success and experiencing optimal health.

"So many of us are weighed down, depressed, anxious. We've spent a lot of time and money on treatments that don't work and so now don't know where to

turn," says Miriam. "Emotion Code and Complete Emotional Release allow us to identify the root cause of our emotional and physical imbalances and quickly release it."

"Years ago, when I had my first Emotion Code session, I experienced immediate relief from my anxiety. The constant "swooping" feeling in my stomach was gone. I was absolutely amazed that something so simple could provide such immediate results," she recalls. "That first session awakened in me an intense desire to know more



about this amazing healing tool. I immediately started reading The Emotion Code book by Dr. Bradley Nelson, founder of The Emotion Code energy healing system. The information really resonated with me and made so much sense.”

Following the guidelines of how to muscle test to find imbalances, Miriam says she found that identifying and releasing trapped emotions and other harmful energies known as “Heart Walls” came very easily to her.

“I had a natural ability. Using these healing techniques, I was experiencing wonderful results and knew I needed to become certified so that I could help others.”

After even one session, clients say they feel peaceful, calm and “lighter,” like a burden has been lifted.

“In my years as an Emotion Code and Complete Emotional Release Practitioner, it has been my privilege to witness many healing miracles,” says Miriam. “It’s very satisfying to provide immediate relief to others who have been struggling with physical, mental and emotional troubles. I’m proud of my journey and evolution as a skilled practitioner and want to share my healing gifts with as many people as possible.”

CUTV News Radio will feature Miriam Coons in an interview with Doug Llewelyn on March 25th at 12pm EST.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Blue Summit Wellness, visit <http://www.bluesummitwellness.com>

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