

## Don't Let April Showers Dampen Your Pillow Fighting Spirit

Inspector Pilleaux says, 'If your city's annual International Pillow Fight Day is soggy, host your own pillow fight this Spring or Summer with these easy tips!'

NEW YORK, NY, USA, April 1, 2016 /EINPresswire.com/ -- The weather may be unpredictable in many U.S. cities for this year's 7th Annual International Pillow Fight Day, Saturday, April 2, but Dacron Fans – a social performance troupe that celebrates the pleasure of <u>DACRON®</u> brand fiberfill in pillows and bedding [independent of INVISTA] – are encouraging pillow combatants to let the spirit of "Pillow Fight Day" reign all year.

The eclectic group of young moms, students, dancers and actors that comprise the "Dacron Fans" say pillow fights are a terrific outdoor activity during the Spring and Summer months, regardless of a sanctioned annual anniversary.

"Inspector Pilleaux" (a.k.a. Luigi Scorcia), the colorful unofficial "grand marshal" and captain of the Dacron Fans pillow fight team, says, "This year's Pillow Fight Day is an especially important holiday for New Yorkers and other global urbanites who have been looking forward to playing outdoors after a rough winter." He promises, if weather permits, the team will be in the thick of things in Washington Square in New York on Pillow Fight Day. "We welcome new Dacron Fans to join our team, too," he adds. "We're bummed that some cities may get rained out - but that doesn't mean families and friends can't put



Captain of the Dacron Fans, Luigi Scorcia, takes one for the team on International Pillow Fight Day



The Dacron Fans have been a part of International Pillow Fight Day in NYC for the past five years

together a do-it-yourself bedding battle when the weather gets nicer."

Per Scorcia, here's what you'll need: a soft, feather-free pillow ("we like the <u>MAINSTAYS</u><sup>™</sup> density pillow with DACRON® fiberfill from Walmart – at \$5.88 each, you'll get more fluff for your buck"), some open space, a chime or horn to declare the event open for swinging, and a lot of enthusiasm!

Basic Rules from the International Organizers

All pillow fights, large and small, from Alaska to Zimbabwe and everywhere in between, follow the same basic rules of etiquette for everyone's safety and enjoyment.

\_ 1) Please do not charge admission. Pillow fights are FREE and appropriate for all ages.

\_ 2) Soft pillows only! In the U.S., a good choice is the MAINSTAYS<sup>™</sup> pillow with DACRON® fiberfill at Walmart because of its value price, durability and loft.



The Dacron Fans are young moms, students, actors and dancers who have fun and love good sleep

- \_ 3) Swing lightly; many people will beswinging at once.
- \_ 4) Do not swing at people without pillows or with cameras.
- \_ 5) Remove glasses beforehand!
- \_ 6) Start the event with a chime or a horn no swinging until the signal to begin.

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We're bummed that some cities may get rained out on Pillow Fight Day – but that doesn't mean families and friends can't put together a do-it-yourself bedding battle when the weather gets nicer. *Inspector Pilleaux (a.k.a. Luigi Scorcia)*  \_ 7) Feather-free pillows only! The ideal pillow fight should leave no trace of its occurrence. When you participate with a pillow with 100 percent premium polyester DACRON® fiberfill, you can be assured that there will be no feather mess to clean up afterward.

\_ 8) Wait until the pillow fight's natural end, when even the most stalwart soldiers grow weary. Then, after a quick machine wash and dry, you'll be able to take a nap with on your MAINSTAYS<sup>™</sup> pillow with DACRON® fiber!

Great Family Fun

"Pillow fights can be hosted anywhere there's open space,"

says Scorcia, "Any backyard or local park will work. It's fun for families and clubs, or you can challenge the neighbors and your friends, too. You need a minimum of two people and two pillows, but the more the merrier!"

He adds that when the guidelines are followed, pillow fights are not only great entertainment but can be good exercise for all ages. "Pillow fights are easy, with uncomplicated rules that teach respectful competition," notes Scorcia, "and if you choose MAINSTAYS<sup>™</sup> pillows with DACRON® fiber, a family of four can do a pillow fight for under \$25 -- and use the pillows again and again after a toss in the

washer."

For more information, follow @DacronFans on twitter and the hashtags #DacronNation, #GetGoodSleep and #pillowfight2016.

About International Pillow Fight Day

Since 2005, on the first Saturday of April each year, people gather at public places in hundreds of cities around the world for this annual rite of Spring, where they can take a swipe at complete strangers with soft pillows -- and get away with it! The goal? Have fun, blow off steam and kiss winter goodbye!

About the MAINSTAYS<sup>™</sup> Pillow with DACRON® Fiber

Priced at about \$5.88 - \$8.88 and available in three densities, MAINSTAYS<sup>™</sup> pillows from Walmart are filled with durable DACRON® hypoallergenic fiberfill for a comfortable night's sleep. MAINSTAYS<sup>™</sup> pillows with DACRON® fiber come in Standard/Queen and King sizes in Medium, Firm and Extra Firm densities. They maintain their loft night after night, are easy care, and come with a three-year year manufacturer's limited warranty, provided care label instructions are followed. MAINSTAYS<sup>™</sup> pillows with DACRON® fiber are available at Walmart stores and online at Walmart.com.

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