



White Refined Sugar Icumsa 45 Free From Molasses

DENVER, COLORADO, USA, April 17, 2016 /EINPresswire.com/ -- [White Refined Sugar Icumsa 45](#) is made from raw sugar that has undergone a refining process to remove the molasses. Raw sugar is a sucrose which is synthesized from sugarcane or sugar beet and cannot immediately be consumed before going through the refining process to produce refined sugar or white sugar. Brown sugars are granulated sugars, either containing residual molasses, or with the grains deliberately coated with molasses to produce a light- or dark-colored sugar. Actually there are a number of different types of refined sugars: [Granulated sugar](#) often used to sweeten beverages, such as coffee and tea, baking and cooking, and available in bags in groceries; [Sanding sugar](#) that's slightly coarser than granulated sugar, making it ideal for cookie or cake decoration, it also has the ability to add texture to a dessert, because it dissolves slowly and retains a grainy feel in many dishes; Powdered sugar, or confectioner's sugar has a much smoother texture than the other types of refined sugars and is commonly used in icings and similar dessert toppings because it mixes easily and creates a smooth product. Moderation is the key when consuming refined sugar, which shouldn't be a staple of your diet.

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