

Can Herpes be Spread through a Hug?; The CBCD Reviews the Medical Evidence

If there is an active outbreak, and there is skin-to-skin contact, transmission is possible. (1)

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“Infected with the herpes simplex virus (HSV-1 or HSV-2)? The CBCD recommends taking [Gene-Eden-VIR](#) or [Novirin](#) against the latent virus.” – Greg Bennett, CBCD

The herpes virus can be spread through a simple hug if there is an outbreak on skin that touches another person’s skin during the hug. In most cases, herpes outbreaks occur on the mouth (most often with HSV-1, the virus that causes cold sores) or on the genitals (most often with HSV-2, the virus that most often causes genital herpes). However, sometimes HSV-1 can infect a person’s skin in other areas. This often happens in athletes like wrestlers. When this happens, an infection is called herpes gladiatorum or “mat herpes.”

Click to learn more about [herpes symptoms](#).

An outbreak of herpes gladiatorum can occur after an individual is infected with the virus through close personal contact like athletic activity. Dr. B.J. Anderson, M.D said that “Herpes gladiatorum is a skin infection caused by herpes simplex virus, which causes a rash usually on the head, face, neck, shoulders, arms or trunk. Sometimes the eyes may become infected.” (1) Dr. Anderson is with the South Dakota Department of Health. Dr. Mark Dworkin, MD said that “Skin contact is the primary mode of HSV-1 transmission.” (1) Dr. Dworkin is a medical epidemiologist with the CDC.



“It’s pretty obvious that if someone has a rash caused by herpes that exists on the neck, shoulders, arms or trunk, that this individual could easily transmit the virus to someone else through a hug.” – Greg Bennett, CBCD

The Center for the Biology of Chronic Disease (CBCD) therefore recommends that individuals who are infected with the herpes virus take Gene-Eden-VIR or Novirin. The formula of these natural, antiviral oral supplements was shown to reduce symptoms associated with herpes infections in two separate post-marketing clinical studies that followed FDA guidelines.

The formula was tested by Hanan Polansky and Edan Itzkovitz from the CBCD. The studies showed that the Novirin and Gene-Eden-VIR formula is effective against the herpes simplex virus, and other viruses. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, “individuals infected with the HSV ... reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR.” (2) The study authors also wrote that, “we observed a statistically significant decrease in the severity, duration, and frequency of symptoms.” (2)

Both products can be ordered online on the Novirin and Gene-Eden-VIR websites, here:

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

Novirin and Gene-Eden-VIR are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses.

To date, Novirin and Gene-Eden-VIR are the only natural antiviral products on the market with published clinical studies that support their claims.

Note: The formula of Novirin is the same as the formula of Gene-Eden-VIR. The difference between the two is that Novirin contains higher quality, and more expensive, ingredients.

The CBCD reminds the public that Gene-Eden-VIR and Novirin are not a cure. However, two clinical studies, published in peer reviewed medical journals showed that their formula decreases symptoms in infected individuals. Specifically, the formula of Gene-Eden-VIR and Novirin was shown to safely and effectively reduce herpes symptoms. Additionally, it was designed to help the immune system target the latent virus.

What treatments are available for herpes infections?

“Two types of antiviral treatments against HSV are available: topical and oral. The treatments include penciclovir, acyclovir, famciclovir, and valaciclovir. However, their effectiveness is limited. For instance, a meta-analysis of five placebo-controlled and two dose comparison studies evaluated the effect of aciclovir, famciclovir or valaciclovir on symptoms. The meta-analysis showed that oral antiviral therapy

decreases the duration and the associated pain of an outbreak by merely one day.” (2) There are also the natural supplements Novirin and Gene-Eden-VIR, which have a formula that was designed to help the immune system target the herpes virus when it is in a latent form.

“We recommend that individuals who are infected with a latent herpes virus, take Gene-Eden-VIR or Novirin.” – Greg Bennett, CBCD

Find us on Facebook here: <https://www.facebook.com/GeneEdenVIR>

Follow us Twitter here: @HananPolansky

All orders of these products are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

(1) Anderson, B.J. South Dakota Department of Health – Herpes Gladiatorum

(2) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September

2013. <http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101#.VCvd5GeSz90>

Greg Bennett
CBCD
585-250-9999
email us here

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