

Jayna Turner of Find Your Balance With Jayna to be Featured on CUTV News Radio

PROVIDENCE, UTAH, USA, April 27, 2016 /EINPresswire.com/ -- Energy work is work toward discovery and awareness. The lower our vibration, the fewer choices we have in life. The higher our vibration, the more choices we have. With a higher vibration we can live a life of enthusiasm and ease.

Jayna Turner is a certified Emotion Code Practitioner and the founder of Find Your Balance with Jayna, an energy healing practice dedicated to helping clients recognize their worth and potential.

“I want people to be empowered, to believe in themselves, connect with themselves and balance their energies,” says Jayna. “I love introducing people to the power of intention, connection to self, and the great benefit of creating a higher vibration to rise above their pain and reach their true potential.”



According to Jayna, there are four areas that require awareness and balance: the physical, the mental, the emotional, and the spiritual. Jayna engages her clients on all four levels to support them in reaching their true potential.

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Jayna specializes primarily in the Emotion Code. According to the Emotion Code, 90 percent of physical pain is the result of a trapped or held emotion; our pain is simply our body’s way of bringing awareness to a negative emotion we need to release from our life. The Emotion Code uses the power of the human subconscious to address ailments that may have once seemed impossible to heal.

“The subconscious is the source of all truth and we all have a built-in lie detector within us,” says Jayna. “When we tell a lie our body goes weak; if we tell the truth, it remains strong.”

Through this muscle testing Jayna can ask your subconscious a question about your body and

determine where your trapped emotions can be found. Jayna will then use a magnet to release that emotion and allow the body to heal itself.

The Emotion Code also works to alleviate Negative Emotional Resonance.

“NER is like a ringing bell,” explains Jayna. “If you believe you’re worthless, for instance, which sadly many people do believe about themselves, something is ringing that energy vibration that feeds you this lie. We ask how you can release it so you no longer need to feel this way. It’s all done through the Emotion Code.”

Jayna describes herself as someone who sees the best in people, who loves to serve and help others. She will also teach her clients energy techniques to use at the end of each day for daily maintenance so they can rest at night, renew while they sleep and start fresh the next day.

“The Emotion Code is incredibly effective, but if you ever encounter someone who tells you their modality is the only modality, run,” says Jayna. “There are so many incredible modalities that can support you in reaching your potential.”

CUTV News Radio will feature Jayna Turner in an interview with Doug Llewelyn on April 28th at 12pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

Lou Ceparano
CUTV News
(631) 850-3314
email us here

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