

# National Ability Center Receives \$165,000 Donation from Intermountain Healthcare

*Donation Will Help Rebuild and Expand the NAC's Ropes Challenge Course*

SALT LAKE CITY, UTAH, USA, April 27, 2016 /EINPresswire.com/ -- The National Ability Center in Park City, Utah, announced the receipt of a \$165,000 donation from [Intermountain Healthcare](#). Much

of the donation will go toward rebuilding and expanding the center's ropes challenge course in 2016 for people of all abilities, including better functionality for all types of wheelchairs, mobility devices and challenges.



Intermountain Healthcare is grateful for the service National Ability Center is providing to help people of many diverse backgrounds and circumstances realize better health.

*Mikelle Moore, Intermountain Healthcare Vice President*

“Intermountain Healthcare is grateful for the service National Ability Center is providing to help people of many diverse backgrounds and circumstances realize better health,” said Mikelle Moore, Intermountain Healthcare’s vice president, Community Benefit.

“The National Ability Center is continually striving to improve its programs and facilities to live up to our commitment to

adaptive recreation,” said Gail Loveland, National Ability Center's executive director. “We would not be able to meet these goals of the growing needs for our services without generous contributions from community members, such as Intermountain Healthcare. By partnering to offer valuable sport, recreation and educational programs, we advance our shared goals of building active, healthy communities and impact thousands of individuals of all abilities.”

The National Ability Center's ropes challenge course lends itself to multifaceted experiential learning, suitable for a wide range of individuals and abilities. Clients have included families, school groups, agencies and camps. There are many potential levels of challenge, and all can be customized to the individual client's goals. Many challenges use the high ropes course, which can test strength and agility. Other challenges, such as low elements and team building activities, are geared toward discovering a team's ability to work together in addition to teaching leadership skills. At the National Ability Center, each participant is given the opportunity to discover his or her abilities. This paradigm is applied to all activities available through the challenge course and, for many, leads to a shift in how they approach challenges in life.

“Now I look at things not as, ‘what are my disabilities,’ but ‘what are the things I can do’ and that’s really what it’s all about: embracing life at whatever level you can. Those are abilities, not disabilities,” says National Ability Center participant and veteran, Layne Morris reflecting on the benefits of maintaining a full and active lifestyle. Intermountain Healthcare’s investment into the National Ability center will provide lasting benefits for those, Like Morris, who participate in its programs.

About the National Ability Center

The National Ability Center empowers individuals of all abilities by building self-esteem, confidence

and lifetime skills through sport, recreation and educational programs. Located in Park City, Utah, it is one of the leading community programs in the country that provides sports and recreational opportunities for individuals with disabilities. The National Ability Center is recognized as a chapter of Disabled Sports USA and a US Paralympic Sports Club. World-class facilities and program excellence have also elevated the National Ability Center to be a premier provider and partner in the delivery of programs directly supported by the Wounded Warrior Project, Vail EpicPromise and the Professional Association of Therapeutic Horsemanship. The National Ability Center provides more than 28,000 experiences each year. For more information, visit [www.discovernac.org](http://www.discovernac.org).

#### About Intermountain Healthcare

Intermountain Healthcare is a not-for-profit health system based in Salt Lake City. Recognized for its excellent clinical care and low costs, Intermountain strives to help people live the healthiest lives possible. For more information, visit [www.intermountainhealthcare.org](http://www.intermountainhealthcare.org).

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