

Is a Sore Throat a Symptom of Oral Herpes?; The CBCD Reviews the Medical Evidence

A sore throat is one of many symptoms associated with an oral herpes outbreak. (1)

ROCHESTER, NEW YORK, UNITED STATES OF AMERICA, May 2, 2016 /EINPresswire.com/ --

“Infected with the herpes simplex virus (HSV-1 or HSV-2)? The CBCD recommends taking [Gene-Eden-VIR](#) or [Novirin](#) against the latent virus.” – Greg Bennett, CBCD

Many people do not realize that when an oral herpes outbreak occurs, there can be a wide range of symptoms. Just one of those symptoms is a sore throat. As an article in the Jamaica Observer noted, “before blisters appear, you may have: Sore throat; fever; swollen glands; painful swallowing.” (1) Once blisters do appear, they will likely show up on the gums, lips, nose, mouth, or throat. An individual may have “red blisters that break open and leak; small blisters filled with clear, yellowish fluid; several smaller blisters that may grow together into a large blister; yellow and crusty blister as it heals, which eventually turns into pink skin.” (1) Oral herpes is a common infection that is caused by the herpes simplex virus type 1 (HSV-1). Most people in the United States are infected with this virus by age 20.

Click to learn more about [herpes symptoms](#).



The Center for the Biology of Chronic Disease (CBCD) recommends that individuals who experience oral herpes outbreaks along with various symptoms like sore throats or fevers, take Gene-Eden-VIR or Novirin against the latent herpes virus. The formula of Gene-Eden-VIR and Novirin was shown to reduce herpes symptoms in two separate post-marketing clinical studies that followed FDA guidelines. In addition, the formula was designed to help the immune system target the

The formula of Gene-Eden-VIR and Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD. The studies showed that the Gene-Eden-VIR and Novirin formula is effective against the family of herpes viruses, including HSV-1 and HSV-2. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, “individuals infected with (HSV-1 or HSV-2)...reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR.” (2) The study authors also wrote that, “We observed a statistically significant decrease in the severity, duration, and frequency of symptoms.” (2)

Both products can be ordered online on the Gene-Eden-VIR and Novirin websites, here:

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinensis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims.

Note: Novirin shares the same formula as Gene-Eden-VIR. The difference between the two is that Novirin has higher quality and more expensive ingredients.

Oral herpes sores “can also extend down the chin and neck. The gums can become mildly swollen, red-colored, and may bleed. Neck lymph nodes often swell and become painful. People in their teens and 20s can develop a painful throat with shallow ulcers and a grayish coating on the tonsils.” (3)

What treatments are available for herpes infections?

“Two types of antiviral treatments against HSV are available: topical and oral. The treatments include penciclovir, acyclovir, famciclovir, and valaciclovir. However, their effectiveness is limited. For instance, a meta-analysis of five placebo-controlled and two dose comparison studies evaluated the effect of aciclovir, famciclovir or valaciclovir on symptoms. The meta-analysis showed that oral antiviral therapy decreases the duration and the associated pain of an outbreak by merely one day.” (2) There are also the natural supplements Novirin and Gene-Eden-VIR, which have a formula that was designed to help the immune system target the herpes virus when it is in a latent form.

The CBCD reminds the public that Gene-Eden-VIR and Novirin are not a cure. However, two clinical studies, published in peer reviewed medical journals showed that their formula decreases symptoms in infected individuals. Specifically, the formula of Gene-Eden-VIR and Novirin was shown to safely and effectively reduce herpes symptoms. Additionally, it was designed to help the immune system target the latent virus.

“We recommend that individuals who are infected with a latent, oral herpes virus, take Gene-Eden-VIR or Novirin.” – Greg Bennett, CBCD

Find us on Facebook here: <https://www.facebook.com/GeneEdenVIR>

Follow us Twitter here: @HananPolansky

All orders of these products are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

(1) Jamaica Observer News

<http://www.jamaicaobserver.com/news/Things-to-know-about-oral-herpes>

(2) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013.

<http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101>

(3) Emedicinehealth.com - Oral Herpes - Oral Herpes (HSV-1, Herpes Simplex Virus-1) Symptoms and Signs

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