

# How Do You Test for Herpes? The CBCD Reviews the Medical Evidence

*Herpes blood tests ... can be very useful for diagnosing type 2 genital herpes infection in certain situations. (1)*

ROCHESTER, NEW YORK, UNITED STATES OF AMERICA, May 6, 2016 /EINPresswire.com/ --

“Infected with the herpes simplex virus (HSV-1 or HSV-2)? The CBCD recommends taking [Gene-Eden-VIR](#) or [Novirin](#) against the latent virus.” – Greg Bennett, CBCD

Many individuals who suspect that they have become infected with the herpes virus want know how to get tested. Teen Vogue Magazine states that “Only a health care provider can diagnose herpes by performing a physical exam and tests. A blood test can tell if you are infected with oral or genital herpes — even if you don't have symptoms. Health care providers can also confirm herpes infection by testing fluids taken from the sores. If you think you have herpes sores, get them checked out as soon as possible.” (2)

However, the CDC notes that the organization “does not currently recommend routine type 2 HSV testing in someone with no symptoms suggestive of herpes infection (i.e., for the general population). We need additional evaluation to understand the benefits of testing, including whether routine HSV-2 testing improves health and reduces spread of infection in the population. In addition, these tests can be expensive;

false positive test results may occur in some persons with a low likelihood of infection; and the diagnosis may have adverse psychological effects for some people.” (1)

The Center for the Biology of Chronic Disease (CBCD) recommends viewing the following video entitled “What Does it Mean to Get Tested for STDs?” which



Additionally, the CBCD recommends that individuals who are infected with the herpes virus (HSV-1 or HSV-2) take Gene-Eden-VIR or Novirin. The formula of these natural, antiviral oral supplements was shown to reduce symptoms associated with herpes infections in two separate post-marketing clinical studies that followed FDA guidelines.

The formula was tested by Hanan Polansky and Edan Itzkovitz from the CBCD. The studies showed that the Novirin and Gene-Eden-VIR formula is effective against the herpes simplex virus, and other viruses. The clinical studies were published in the peer reviewed, medical journal *Pharmacology & Pharmacy*, the first, in a special edition on *Advances in Antiviral Drugs*. Study authors wrote that, "individuals infected with the HSV ... reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR." (3) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (3)

Both products can be ordered online on the Novirin and Gene-Eden-VIR websites, here:

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

Novirin and Gene-Eden-VIR are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses.

To date, Novirin and Gene-Eden-VIR are the only natural antiviral products on the market with published clinical studies that support their claims.

Note: The formula of Novirin is the same as the formula of Gene-Eden-VIR. The difference between the two is that Novirin contains higher quality, and more expensive, ingredients.

The CBCD reminds the public that Gene-Eden-VIR and Novirin are not a cure. However, two clinical studies, published in peer reviewed medical journals showed that their formula decreases symptoms in infected individuals. Specifically, the formula of Gene-Eden-VIR and Novirin was shown to safely and effectively reduce herpes symptoms. Additionally, it was designed to help the immune system target the latent virus.

What treatments are available for herpes infections?

"Two types of antiviral treatments against HSV are available: topical and oral. The treatments include penciclovir, acyclovir, famciclovir, and valaciclovir. However, their effectiveness is limited. For instance, a meta-analysis of five placebo-controlled and two dose comparison studies evaluated the effect of aciclovir, famciclovir or valaciclovir on symptoms. The meta-analysis showed that oral antiviral therapy decreases the duration and the associated pain of an outbreak by merely one day." (3) There are also the natural supplements Novirin and Gene-Eden-VIR, which have a formula that was designed to help the immune system target the herpes virus when it is in a latent form.

"We recommend that individuals who are infected with a latent herpes virus, take Gene-Eden-VIR or Novirin." – Greg Bennett, CBCD

Find us on Facebook here: <https://www.facebook.com/GeneEdenVIR>

Follow us Twitter here: @HananPolansky

All orders of these products are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

#### References:

(1) "9 Things You Should Know About Genital Herpes, From Someone Who Has It." Teen Vogue. Web. <http://www.teenvogue.com/story/herpes-facts-misconceptions-virus-genital-oral>

(2) Centers for Disease Control and Prevention  
<http://www.cdc.gov/std/herpes/screening.htm>

(3) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013. <http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101#.VCvd5GeSz90>

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