

# Hawaiian author leads readers to happiness and life's purpose through illustrations

*Author Rose Elaine Messenger M.A. explains a story of motivation and enlightenment in her self-help guidebook, "The Hand Book for the New Humanity."*

PAHOA, HAWAII , UNITED STATES, June 1, 2016 /EINPresswire.com/ -- PAHOA, Hawaii – Author Rose Elaine Messenger M.A. guides readers as she explains a story of motivation and enlightenment in her self-help book, "The Hand Book for the New Humanity: The Planetary Evolution of Human Beings."

A story of spiritual awakening, enlivening, and bliss, "The Hand Book for the New Humanity" is a delightful manual about information and skills of people who begin a spiritual journey, and for those who are already on their path.



"I went through my spiritual awakening blind with no guide. I had a sincere desire to make the journey easier for others. It has been 25 years in the making," shares Messenger when asked about the inspiration behind her book.

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"The response has been great and it reaches to a broad based of people."

*Trinity Tate-Edgerton, co-owner and Acquisitions Editor, Tate Publishing*

"The response has been very good. This book reaches a broad base of people. It is an interesting mix of spirituality and psychology. The color illustrations are especially helpful," states Trinity Tate-Edgerton, co-owner and Acquisitions Editor for [Tate Publishing](http://www.tatepublishing.com).

Published by Tate Publishing and Enterprises, the book is available through bookstores nationwide, from the publisher at [www.tatepublishing.com/bookstore](http://www.tatepublishing.com/bookstore), or by visiting [barnesandnoble.com](http://barnesandnoble.com) or [amazon.com](http://amazon.com).

Messenger, who holds a master's degree in counseling psychology, is a licensed cosmetologist and minister. For the past 26 years, she has made the Hawaiian Islands her home. While she was living in Maui, she partnered with her good friend, Marjo, and opened a holistic health salon called The Egyptian Temple, which offered many unique services to people from around the world.

Aside from that, Messenger has also established in Hawaii, The Sanctuary, which is a place to teach meditation and promote psychological well-being. Her personal home is also considered a spiritual sanctuary where she shows her love for preserving the Aina, the Hawaiian culture. Being deeply

sympathetic to the suffering of the human condition, Messenger took several years to research and to write "The Handbook for the New Humanity." She wrote the book so that she can help others in their journey through this New Millennium.

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