

# Massachusetts author spreads hope in the midst of horrific stories of trauma

*Author Barbara Kathleen Welch spins a story of determination, perseverance, and self-discipline in her self-help book, "Out of Hiding: Grace is Still Enough."*

KINGSTON, MASS., UNITED STATES, June 1, 2016 /EINPresswire.com/ -- KINGSTON, Mass. – Author Barbara Kathleen Welch inspires readers as she spins a story of determination, perseverance, and self-discipline in her self-help book, "Out of Hiding: Grace is Still Enough."

A story of endurance and positive perspective in life, "Out of Hiding" is a motivational guidebook about the major cause of substance abuse relating to child abuse that brings hope and restoration to readers.



"I am a survivor of child abuse. I seek to remove the label and the stigma for those suffering. In 2009, I was given a laptop computer as a gift so that I could write. My book was written in three months, over 300 pages; the chapter simply spilled out of me; the book wrote itself. It was written within a three month period while I was serving as a regional spiritual care director for a nationwide hospice program. I hope my journey gives others hope and inspiration to pursue healing at any cost," shares Welch when asked about the inspiration behind her book.

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"Another brutal truth shared with hope and inspiration, deeply profound and hopeful for sufferers."

*Charles Callaway,  
Acquisitions Editor, Tate  
Publishing*

"I could not put the book down. I was mesmerized that someone could write so vividly, word pictures. It is a

fascinating read. Another brutal truth shared with hope and inspiration, deeply profound and hopeful for sufferers," states Charles Callaway, Acquisitions Editor for [Tate Publishing](http://www.tatepublishing.com).

Published by Tate Publishing and Enterprises, the book is available through bookstores nationwide, from the publisher at [www.tatepublishing.com/bookstore](http://www.tatepublishing.com/bookstore), or by visiting [barnesandnoble.com](http://barnesandnoble.com) or [amazon.com](http://amazon.com).

Rev. Barbara Kathleen Welch is an artist in every way. She is a certified Historical Artist through the Historical Society of early American decoration. She was also in pediatric nurses training at Boston Children Hospital, where she served for five years as a staff Interfaith Crisis Care Chaplain for Death and Dying.

She has a "serious" sense of humor and loves to laugh. Her gift in writing was recognized in her undergraduate studies and has the rare gift of creating word pictures. She loves to sew, quilt, and create. She is happiness when creating, even in her sermons. And she is single, not by choice, she adds. She loves people and dogs with wet black noses and itchy ears.

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