

## Global Cardio Care® CEO Sara Soulati® Celebrates 20 Years As Leading EECP® Authority

Soulati has developed a patent-pending lifestyle program, proprietary EECP method, a sports protocol and manages two physician practices.

LOS ANGELES, CA, USA, June 23, 2016 /EINPresswire.com/ -- LOS ANGELES, May XX, 2016 – Global Cardio Care, Inc. announced today that its CEO <u>Sara Soulati</u> has marked 20 years in the field of Enhanced External Counterpulsation (<u>EECP</u>). She is one the world's leading authorities on its practice, efficacy and effect on cardiovascular disease and a variety of other illnesses. Her patent-pending <u>Sara Soulati Health for Life</u> <u>program</u> is a disease- prevention and lifestylemodification program.

For two decades, Soulati has been a pioneer utilizing EECP, the FDA-cleared, non-surgical and medication-free therapy, to assist those suffering from end-stage cardiovascular disease. At the same time, she has seen the positive effects of EECP therapy combined with her lifestyle modification and disease prevention program on other illnesses and risk factors for disease.



Soulati manages two physician practices in Inglewood and West Los Angeles that deliver EECP therapy using her methodology and protocols for anti-aging, testosterone improvement and erectile dysfunction, renal failure, diabetes, prevention, reversal of disease and a variety of other diseases and illness in addition to using EECP for sports enhancement and injury recovery. She created a

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My life is dedicated to prevention and reversal of cardiovascular disease and giving hope to the thousands of people who suffer from this disease.

> Sara Soulati, CEO, Global Cardio Care, Inc.

professional sports protocol utilizing EECP for athletes in a variety of sports including football, basketball, baseball, tennis, boxing, and track and field.

Early on, Soulati devoted attention to the mechanics of EECP on multiple diseases. At that time, The University of New York at Stony Brook was the only other center doing EECP therapy in the U.S., and it relegated its work to end-stage cardiovascular disease. Soulati's work has included development of protocols for end-state cardiovascular disease as well as other circulatory and inflammatory diseases like hypertension, stroke, diabetes, angina pectoris, chest pain, and atherosclerosis.

Currently, Soulati is dedicating her work to prevention and reversal of cardiovascular disease through lifestyle modification. She educates clients to seize control of their lifestyle with vegan nutrition, exercise and stress reduction. Soulati believes that cardiovascular disease can be prevented by modification of risk factors as well as elimination of animal byproducts from the diet. About Global Cardio Care, Inc.

CEO and President Sara Soulati established Global Cardio Care, Inc. in 2002 in the Los Angeles inner city of Inglewood, Calif. As a physician practice management firm for alternative cardiovascular health services, the company aligns with the physician practice of Ronald. S. Weaver, MD, Inc. to deliver the Sara Soulati Health For Life Program and EECP therapy to prevent and reverse disease and modify lifestyle.

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