

LIFE IN A BONG is now available as an ebook at www.lifeinabong.com

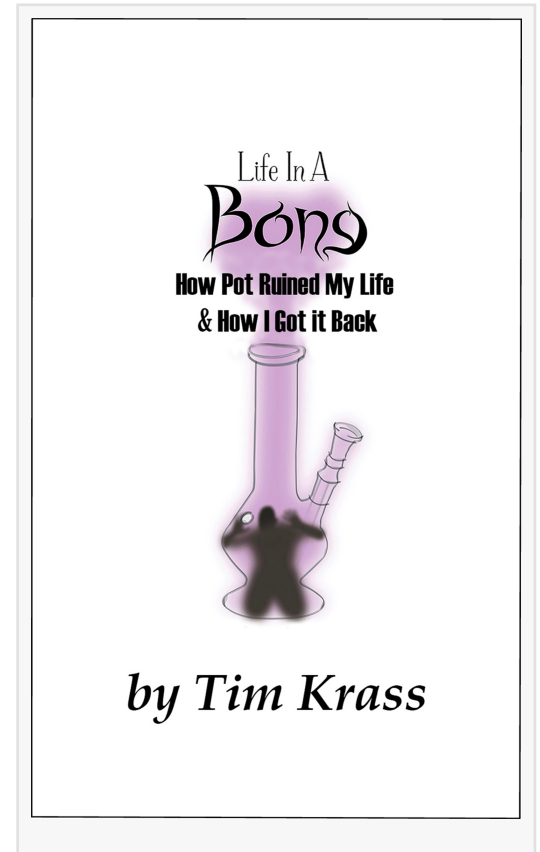
Life in A Bong, How Pot Ruined My Life & How I Got It Back, is a cautionary tale about a heartfelt case in point of how addiction to pot can ruin someone's life

LOS ANGELES, CALIFORNIA, UNITED STATES, July 1, 2016 /EINPresswire.com/ -- Author Tim Krass announced today that his first ebook is now available to the public on www.lifeinabong.com, www.smashwords.com and on www.amazon.com. Life In A Bong is the true story of one man's insidious relationship with marijuana addiction and his struggle to finally quit and find sobriety. Anyone that now smokes pot or is deciding whether to smoke pot, should immediately scour this book.

Life In A Bong takes the reader through decades of devotion to what is often considered a "benign" drug. His pot smoking shatters his health, his career, his marriage and his friendships. The author's black hole of a life is almost extinguished after suicide bouts, living on the street and having a heart attack, all followed by taking yet another bong rip.

Like alcohol, just because pot is legal does not mean that marijuana is not addictive. Tim Krass, author of Life In A Bong

stated, "By the grace of the creator, I successfully crawled through the minefields of recovery to take the rigorous steps necessary to finally rebuild my life, piece by piece". "My deeply personal story is my calling to educate, inspire and make a positive difference before it is too late".



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Tim Krass

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