



ACC GLOBAL MEDIA Press Release for Monique Sanders of Silhouette Life Coaching Albuquerque, New Mexico

ACC Global Media Spotlights Monique Sanders on Empowered Women, Diversity, Life, Divorce Coaching, & Women Coming Out the Closet

ALBUQUERQUE, NEW MEXICO, UNITED STATES, July 5, 2016 /EINPresswire.com/ -- Interview with Monique Sanders, Founder of [Silhouette Life Coaching](http://www.SilhouetteLifeCoaching.com) : WEDNESDAY, JULY 6TH, 2016 at NOON (12:00 p.m. EDT., Albuquerque, New Mexico
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FOR IMMEDIATE RELEASE
Contact: [ACC Global Media](http://www.ACCGlobalMedia.com), 1-888-725-0554 www.Accglobalmedia.com(Talk Radio)

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[ACC GLOBAL MEDIA Talk Radio](http://www.ACCGlobalMedia.com) Spotlights Monique Sanders and Silhouette Life Coaching

Albuquerque, NM –Life is too short to not be the person you truly are. In modern society, sexuality remains a highly controversial topic. Many people just coast by living life by the accepted standards. They fight internally with who they are and what they feel from within. Everyone is entitled to live and love freely. But just imagine coming out after being in a heterosexual marriage and raising a family. This sounds more than challenging. Thankfully, Monique Sanders of Silhouette Life Coaching is here to help women through what can be one of the most difficult transitions in life.

“My coming out was a lifelong process. I was married to man, had two children but always felt an attraction to women. To come out and be able to walk with my girlfriend proudly is a huge achievement. It’s an enormous step for all women in this situation,” exclaims Sanders.

At www.Silhouettelifecoaching.com, people can view all of the fascinating programs that Monique has to offer. It all begins with a free consultation. Ranging from 4, 6 and 8 weeks, Monique’s programs will teach women the Life Coach School philosophy. Maintaining confidentiality, Monique enables women



Monique Sanders, Founder of Silhouette Life Coaching

to work with her however they are most comfortable. Whether it's in person, by phone or via Skype: Monique remains steadfast in her approach and desire to build her clients confidence and help them through the entire process.

Enhancing Monique's effectiveness with her clients is her professional yet personal approach. Monique's coaching certifications include Life Coaching and Weight Loss Coaching. Additionally, sessions with Monique will give women the positivity and confidence they need to move forward with their lives.

"I want women to know that when they're going through this transition, they don't have to compromise their culture, family structure, physical appearance or identity. It's important to remember to be who you've always been even after the transition."

Monique Sanders will be featured on ACC Global Media Talk Radio www.Blogtalkradio.com/acglobalmedia on Wednesday July 6th at 12pm EST. For more information about Monique Sanders visit www.Silhouettelifecoaching.com, email Silhouettelifecoach@gmail.com or call 505-301-2911.

Thank you for sharing this vital information with your clients and network of colleagues and co-workers! Please tune in at show tab below.

<http://www.blogtalkradio.com/acglobalmedia/2016/07/06/acc-news-will-proudly-feature-life-and-divorce-coach-monique-sanders>

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