

CUTV News Recognizes Diane Marie Giles of Reclaim Your Castle

DELAWARE, ONTARIO, CANADA, July 14, 2016 /EINPresswire.com/ -- We're conditioned to believe in traditional western medicine. As a result, energy medicine and energy healing modalities are often met with a great deal of skepticism. But everyone believes in the healing power of music.

Diane Marie Giles is a sacred healer and the creator of Reclaim Your Castle, a holistic health and wellness business that delivers healing services to individuals suffering from imbalances in their physical, mental, emotional and spiritual layers.

In addition to her training as a Reiki Master and Integrated Energy Therapy® Master Instructor, Diane is a certified practitioner of SACRED SCALE™ music and serves as the vessel through which clients can connect to their divine healing energies.

"Everything is energy and there are all sorts of ways you can use it to help people," says Diane. "The healing process associated with the SACRED SCALE™ techniques offers you a new way to interact with the world."

The SACRED SCALE™ frequencies are all in Divine proportion to each other and to all that exists. This scale empowers us to connect with our full potential.

"You're in tune with the energy, the vibration," says Diane. "You can recognize negativity more quickly; you have that awareness so you can shift into positive thinking more readily."

Diane says clients meet with her to heal depression, grief, anger, heartache, stress, self-worth and most of all fear and anxiety. Some simply want to build better relationships.

"Each healing no matter what the modality brings new insights, new perspectives and new opportunities to grow oneself," says Diane. "It all depends on where my clients are in their journey,



how willing they are to heal, and if they believe in miracles. The more we surrender to the healing process, the faster it will go."

She explains, "Our voice is music. Our voice delivers the sound waves to the universe. As we pray, whether we pray in silence, in speech or in singing, we are sending a vibration into the ethers."

While studying the SACRED SCALE™ Music Education Program, Diane has written divinely guided healing songs and has started painting. She says it's brought her creativity to the fore.

"The SACRED SCALE™ music has put me in tune with myself, both physically and spiritually," says Diane. "Music sound waves have a vibration that enters each of our cells. Playing the SACRED SCALE™ harp has had profound results. Now I see myself as a whole person instead of two. The more I work with the SACRED SCALE™ techniques, the deeper my healing goes."

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Diane Marie Giles

For more information on Diane Marie Giles of Reclaim Your Castle, visit <http://www.sacredhealings.ca>

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