

Berlin author shares 40 life-changing principles to encourage change within self

Author Jo Ann Hershberger shares an inspiring book for readers as she imparts the values of honesty, dependability and forgiveness in, "Change Begins with Me."

BERLIN, OHIO, UNITED STATES, July 23, 2016 /EINPresswire.com/ -- BERLIN, Ohio – Author Jo Ann Hershberger shares an inspiring book for readers as she imparts the values of honesty, dependability and forgiveness in her book, "Change Begins with Me."

["Change Begins with Me"](#) is the author's second published book with Tate and is about recognizing the responsibilities

needed to grow and change within if we truly seek change in the world. 40 principles throughout the book deal with everyday issues we all face in our own lives.



Hershberger started writing her book a few years back and initially based it on her father's life. As the founder and author of the La Red principles Jo Ann's father was used by God to impact the world. "He lived by these principles and taught them everywhere he went. I wrote 'Challenges, Choices & Changes' as a tribute to my father not thinking that I would ever write another book. As time went by I felt God put this second book in my heart. I found the writing of this book very satisfying partially because our world has lost its founding principles and values. We need a good look at what living by these truths of God would do not only for ourselves but for our country."

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Trinity Tate-Edgerton, co-owner and Acquisitions Editor, Tate Publishing

“I believe that as readers read this book they will see the value of living by these Godly principles. The author has included many personal stories of situations, it is very easy to

read, and very easy for people to relate to,” states Trinity Tate-Edgerton, co-owner and Acquisitions Editor for [Tate Publishing](#).

Hershberger aims to touch and inspire the political trend in America through her business and economics compilation, “I would like it to go it would end up in our government where true change is really needed. Politics in America are a joke and our country has become a joke to many other nations. If our leaders would make these changes it would change our world and it is all so easy. People just need to understand the truth, the truth sets us free. The book will also lead people to the

La Red website at lared.org where they can see, study and even print the principles," Hershberger shares.

Published by Tate Publishing and Enterprises, the book is available through bookstores nationwide, from the publisher at www.tatepublishing.com/bookstore, or by visiting barnesandnoble.com or amazon.com.

Jo Ann Hershberger was raised in the same Amish community that her father was raised in and believes that what the world needs today are these Godly principles. She was raised on these principles but also studied the 40 principles in a one year on line course called The Global Entrepreneurs Institute. She is an international coach for the organization and shares stories about the effects of living by the principles to groups every where she travels.

Jo Ann is married to her husband Andy of 43 years. They are the parents of four grown children and ten grandchildren. She is also the owner of Schrock's Heritage Village in Berlin Ohio where they live. At the village, she operates a number of retail stores and rental properties and she enjoys visiting with the visitors from all over the world who visit Amish country each year. When they are not working Jo Ann and Andy enjoy traveling and spending time with their family.

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