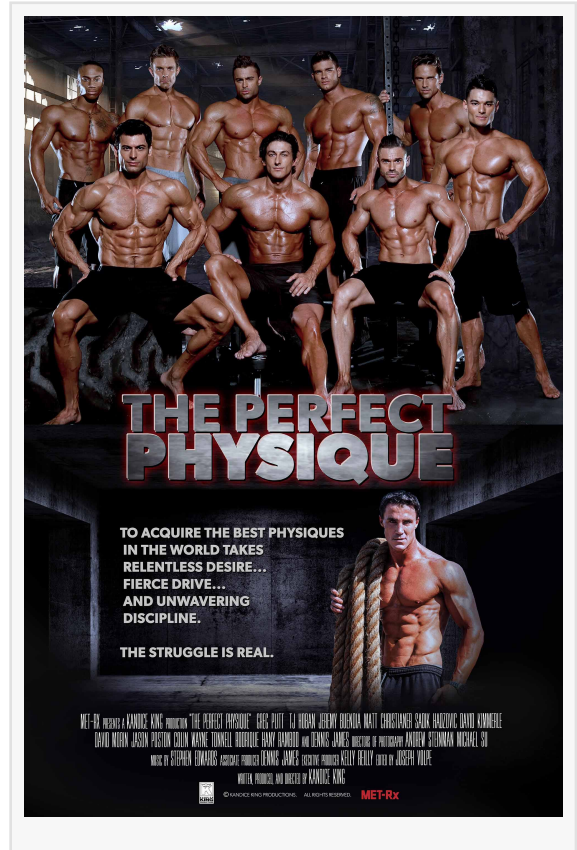


THE PERFECT PHYSIQUE DOCUMENTARY LAUNCHES ON ITUNES

The Perfect Physique is a compelling docudrama receiving 5-star reviews and is being touted as "this generation's answer to Pumping Iron."

PHOENIX, AZ, USA, July 27, 2016 /EINPresswire.com/ -- The Perfect Physique is a compelling docudrama receiving rave 5-star reviews and is being touted as "this generation's answer to Pumping Iron." The Perfect Physique is available on Blu-Ray and DVD on Amazon.com but just launched on iTunes with presales available effectively today and goes live on August 5th. The film stars an all-star cast of the world's top fitness cover models who have graced hundreds of fitness magazine covers all over the world including Muscle & Fitness, Fitness Rx, Muscle & Performance, Iron Man Magazine to name a few. This is the only film to star fitness sensation and actor the late Greg Plitt (Greg passed away just after filming), top fitness cover model and fitness expert TJ Hoban, top fitness cover models David Kimmerle, David Morin and Colin Wayne, 2x Mr Olympia Men's Physique Champion Jeremy Buendia, first-ever Arnold Classic Men's Physique Champion Sadik Hadzovic, first ever IFBB Men's Physique Pro Matt Christianer, IFBB Men's Physique Olympians Jason Poston and Tonnell Rodrigue,



IFBB Pro bodybuilder and master trainer Dennis James along with the top physique trainer in the world, the Pro-Creator Hany Rambod who also trains none other than the top actor in the world The Rock (Dwayne Johnson).

The Perfect Physique goes beyond their near perfect aesthetics to uncover their internal struggles and sacrifices that motivate their drive, desire and determination to acquire some of the best bodies in the world. We reveal how these athletes had to overcome such adversities as diabetes, drug addiction, obesity, bipolar issues, severe car accidents, being bullied and an overbearing father to become the best in the world. In The Perfect Physique you'll learn their similarities and differences on how to lean down and build muscle, posing techniques to hit the stage for their next pro show or be shoot ready for the next magazine cover or fitness publication. The passion to be your absolute best transcends into everyday life and is relatable beyond fitness. Get ready to be educated, motivated and inspired. The heart and soul of these champions will be revealed in the substance packed docudrama, The Perfect Physique.

Kandice King, an acclaimed award-winning film producer ventured out of her comfort zone of producing action thrillers into producing and directing the ground-breaking documentary, The Perfect Physique. She was the youngest female producer ever in Hollywood producing her first feature film at only 18 working with the likes of Dennis Hopper, Mickey Rourke, Michael Madsen, Eric Roberts and

Ice-T to name a few. After a long hiatus from filmmaking, Kandice was pulled back in after becoming fascinated with how quickly you can transform your body with the right diet and training. “I felt that the mainstream audience could be educated, motivated and inspired by learning from the top physiques in the world. I found their stories extremely relatable and will touch people on so many levels. When people see their bodies they judge them on their exterior beauty but don’t realize the inner strength it took to overcome their adversities and achieve such beauty. They had to learn to love themselves. Nothing came easy to them and the gym literally saved many of their lives. Many people will be touched by this film,” stated Kandice.

“The Perfect Physique will surpass Pumping Iron, which has been a fitness favorite for the last 38 years. The interest in working out and having a healthier lifestyle is so relevant today especially as we are all living longer. You can achieve your best physique at any age and the time couldn’t be more perfect for a film like this. I know I’ll be getting a few more people on the right track and into the gym striving for a healthier lifestyle once they see this film,” says Kandice.

The Perfect Physique was shot as a theatrical film with the highest definition cameras in 4k. “I wanted it to be cinematically beautiful, a docudrama as beautiful as the people in it,” Kandice explains. The Perfect Physique had its world premiere in Las Vegas with rave reviews followed by a special engagement screening in Scottsdale, Arizona where most of the film was shot. The Fit Expo’s around the country have had the cast as their special celebrity guests for a Q&A on the film. “Collectively our cast has millions of social media followers around the world and we’re excited to finally bring our film to iTunes so that they can see it. It will also have Spanish subtitles for the latin market,” said Kandice.

Film Trailer: <https://youtu.be/Ew2uoigqXo>

** Numerous 5-star reviews available upon request. **

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Blu-Ray Cover

The Perfect Physique – Just a sampling of film reviews

- “The Perfect Physique is this generation’s answer to Pumping Iron. The movie is emotional, raw, revealing, unexpectedly uplifting and often quite funny.” – journalist Sam Novak
- “Woooww these guys and Kandice King made the best movie since Pumping Iron. This documentary is so epic, motivational and inspiring.” – Peter Heinemann
- “Words cannot express how amazing this movie is!! Thank you for bringing this amazing film to life. It was awesome. Iconic.” – Joshua Troy
- “Watched this last night. Great insight into what it takes to live this lifestyle whether the goal is to grace the cover of a magazine or compete on stage in addition to some solid training, nutrition and motivational tips from some of the best in the world.” – IFBB Pro Tony Candales
- “Amazing job on your film! Miss the legend Greg Plitt and love seeing David Morin representing the over 40 crowd! Good stuff.” – Mike Petersen
- “Up watching The Perfect Physique for the 10th time since being released. This movie puts what many of us do into perspective. You need to love this. The sacrifice, the loss of relationships, the expenses, the depletion, the pain, etc... It’s all worth it!” – Kenny Kelly
- “Just finished watching The Perfect Physique!!! Great film. Great content. Great lessons. Fantastic job by Kandice King and company! Definitely a classic.” – Freddy Rio
- “The Perfect Physique, the movie is a must buy. The motivation I needed. Inspirational words and stories to live by.” – Chase Hollingsworth
- “I watched it online while I downloaded it and saw it twice with 2 different friends, the most motivational movie I’ve ever seen. It really brings the spirit out.” – Lasse Jensen

“Absolutely cannot stop thinking about The Perfect Physique movie. It is absolutely the best film in the fitness industry in my opinion, I actually think nothing else comes close to it. The inspiration and the positive message that this film provides is truly a gift to the world. I am truly inspired by this creation, thank you Kandice King for creating such a magnificent project.” – Kaique Shields

“Awesome job. I had very high expectations and the film lived up to all of them. Very impressed and very happy you did what you did.” – Kody Thompson

“The movie was amazing! It was by far the best fitness movie I have watched because it relates to most people in so many ways. Anybody who is into fitness and not just bodybuilding can get a lot from this movie. I highly recommend it.” – Thomas Charlton

“MUST WATCH! I had no idea how intense this movie would be?! You can really appreciate these guys in the fitness industry. The stories in this movie are raw and real. TJ Hoban is my favorite and Matt’s story brought me to tears. These guys are pretty rad!” – Imisk (on Amazon.com)

“This was excellent. Greg Plitt really came across as the elite veteran and the wise owl. The discussions they had between each other about dieting and training, nutrition etc was really interesting, especially some of the debates they had. Awesome job. Watching it again later.” – Tom Shillabeer

“One of the most inspirational and motivating movies that not only makes you want to train harder but grabs hold of your heart as these athletes share their intimate stories of the challenges they have had to overcome to be the top athletes in the world! A must see for anyone wanting a real life changing experience!” – Customer on Amazon.com

“This was an amazing documentary! It is perfect for people in as well as not in the fitness community. Each one of the guys is a true inspiration, with his own journey to tell.” – Erica Muller

“This film reminds me that “you don’t know the story behind someone’s glory... We may see these beautiful men on fitness magazines or with trophies in their hand after a fitness competition, but not know all they went through and go through to achieve their success and maintain it. I was touched by the vulnerability and sharing in this movie also by the passion and dedication of each of these beautiful men. I highly recommend buying and watching this movie.” – Jodi Selko.

“Great job on the film, I bought it this morning and it will remain on repeat for months to come.” – Keith Gulbro

“Great f**king film, watched it as soon as it was released.” – Doug Arias

“This movie is so freaking awesome!! – Fabrizio Santana

“Awesome movie! Left me fired up.” – Jon Alva

“Unreal movie!” – Bobby Kwasny

“Absolutely loved it!! Powerful!!” – Brett Brown

THE TOP 10 MOVIES EVERY BODYBUILDER SHOULD SEE

Put your next day to good use! Here are some films every true gymrat needs to watch.

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Muscle & Fitness magazine social media post



“The Perfect Physique is this generation’s answer to Pumping Iron. The movie is emotional, raw, revealing, unexpectedly uplifting and often quite funny.”

Sam Novak - journalist

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