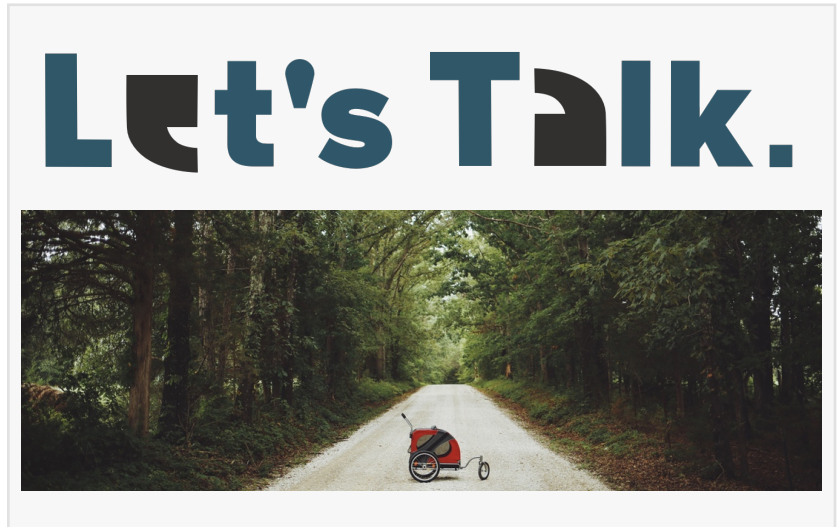


Let's Talk: A cross-country journey on foot to get America talking again.

Let's Talk is an ambitious 3,200 mile, cross-country journey on foot to focus attention on the importance of face-to-face communication in our digital age.

D.C., USA, August 13, 2016

/EINPresswire.com/ -- Let's Talk is an ambitious cross-country journey on foot to focus attention on the importance of face-to-face communication in our digital age. We value social media and digital communication; however, we believe face-to-face conversation is critical for learning from others, developing empathy, building patience and solving complex problems.



The Let's Talk project is a cross-country journey on foot to celebrate and highlight the value of face-to-face conversations. Let's Talk believes our community will produce better teachers, doctors, parents, business leaders, and community members if we balance healthy face-to-face communication with digital communication.

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While on the road, I am striving to spark a national conversation about conversation.

Chris Andrews

Who is Behind Let's Talk and What Will be Done?

My name is Chris Andrews and I launched Let's Talk in 2015 during my final year of study at the University of St. Andrews in Scotland. I am a US citizen and reside in Michigan.

Following my graduation, I did not enter the job market or

apply for graduate school. Instead, I am dedicating nine months to cross the United States on foot, running from Washington DC to Los Angeles, CA to raise awareness for the power and importance of face-to-face communication.

My journey -- 3,200 miles, 15 miles-a-day for 9 months -- is about engaging individuals and communities along the route one person, one community at a time. I am reaching to out individuals, schools, community organizations, television and radio stations, and newspapers to spread the word. I am actively posting progress on the Let's Talk website and social media outlets.

Why is this so important?

The way in which Americans communicate has changed more in the past 20 years than any time in human history. These changes have led to exciting leaps in human productivity. The digital age has facilitated fast, reliable, and cheap communication.

But how much has this explosion of digital communication affected our ability to interact face-to-face

with our neighbors, friends, family, and other strangers we meet in everyday life?

Well, the answer is, quite a lot. More than we realize. [Research shows](#) how technological progress has changed daily communication on an individual and communal level. Fundamentally, digital communication allows us to efficiently send and receive information, but this conversational style can degenerate into a mere transaction of data. In defense of face-to-face conversation, research suggests that we learn social skills and fulfill basic human needs when we speak in the immediate presence of another.

We Would Love Your Help

I am writing to inquire if you would be interested in covering or sharing information about the "Let's Talk" project. I departed from Washington D.C on August 8th and will be making my way through Tennessee through October. Check [my route](#) to see if I am running through your area! I believe this project has relevance in 2016 and will resonate with a large percentage of Americans. I would love to hear from you!

Chris Andrews
Let's Talk
7173140244
[email us here](#)

This press release can be viewed online at: <http://www.einpresswire.com>

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