

American Kidney Fund Awards Clinical Scientist in Nephrology Fellowships to Dr. Anoop Sheshadri and Dr. Megan Yanik

Research will explore behavioral intervention in dialysis patients and genetic factors affecting immunosuppressants in kidney transplant patients

ROCKVILLE, MD, UNITED STATES, August 15, 2016 /EINPresswire.com/ -- Dr. Anoop Sheshadri of the University of California, San Francisco and Dr. Megan Yanik of the University of Alabama at Birmingham have been

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LaVarne A. Burton

named Clinical Scientist in Nephrology (CSN) fellows by the [American Kidney Fund](#) (AKF), receiving grants to conduct research designed to improve treatment and outcomes for patients living with end-stage renal disease (ESRD).

Dr. Sheshadri's research, funded through a new partnership with Satellite Healthcare, will evaluate whether providing pedometers and recommended goals for steps per day to both hemodialysis and peritoneal dialysis patients can improve their cardiovascular function and quality of life.

“This fellowship will further the care of a population of patients that is underrepresented in the research world,” said Dr. Sheshadri. “I plan to learn how physical and cognitive dysfunction develops in ESRD patients as a first step in learning how best to prevent that decline and if possible, reverse it.” The AKF-Satellite Healthcare Clinical Research Grant will fund Dr. Sheshadri's fellowship for two years.

Dr. Yanik will study genetic factors that may influence the time needed for the immunosuppressant drug tacrolimus to reach therapeutic levels in children with kidney transplants, as well as their role in risk for acute organ rejection.

“Knowledge gained from this work may help us to personalize immunosuppression medication choices for children and to improve clinical outcomes in the future,” said Dr. Yanik. Dr. Yanik's AKF Clinical Scientist in Nephrology fellowship is funded by a grant from Sanofi.

The CSN program strives to improve the quality of care provided to kidney patients and promotes clinical research in nephrology. It enhances the training of nephrologists who want to pursue an academic career and whose primary professional commitment is to scholarship in the provision of patient care. Drs. Sheshadri and Yanik join a distinguished list of CSN fellows whose work in nephrology research has been advancing patient care since 1989.

“The American Kidney Fund's Clinical Scientist in Nephrology program has sponsored dozens of clinicians with one overarching goal: improving the care and treatment of patients with kidney disease,” said LaVarne A. Burton, president and CEO of the American Kidney Fund. “The research being done by Drs. Sheshadri and Yanik will yield valuable knowledge that can be applied by other

clinicians to achieve better outcomes for their patients with ESRD. We are grateful for the generous support from Satellite Healthcare and Sanofi for their corporate commitment to partner with AKF towards our shared goal of improving the lives of our nation's kidney patients."

For more information about the American Kidney Fund and the CSN program, visit www.kidneyfund.org.

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About the American Kidney Fund

As the nation's leading nonprofit working on behalf of the 31 million Americans with kidney disease, the American Kidney Fund is dedicated to ensuring that every kidney patient has access to health care, and that every person at risk for kidney disease is empowered to prevent it. AKF provides a complete spectrum of programs and services: prevention outreach, top-rated health educational resources, and direct financial assistance enabling 1 in 5 U.S. dialysis patients to access lifesaving medical care, including dialysis and transplantation. For more information, please visit KidneyFund.org, or connect with us on Facebook, Twitter and Instagram.

About Satellite Healthcare:

[Satellite Healthcare, Inc.](http://SatelliteHealthcare,Inc) has been among the nation's leading not-for-profit providers of kidney dialysis and related services since 1974. Through its affiliated services, Satellite WellBound, Satellite Dialysis, and Satellite Research, Satellite Healthcare provides unparalleled early patient wellness education, personalized clinical services, and a complete range of dialysis therapy choices. In addition, Satellite Healthcare has a well-recognized, enduring commitment to philanthropy and community service, from funding millions of dollars in research grants to sponsoring kidney programs nationwide. Satellite is committed to advancing the standard of chronic kidney disease care so patients can enjoy a better life.

Alice Andors
240-292-7053
email us here
American Kidney Fund

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