

Bryan Larson of Excellent 4 Health to be Featured on CUTV News Radio

HURRICANE , UTAH, USA, August 17, 2016 /EINPresswire.com/ -- When you were a child and you lost something, you were taught to look until it was found. Likewise, when you lose weight, your subconscious believes you've lost something and goes to work to find it. Even though you succeeded in changing bad habits to new ones, the weight you've lost becomes permission to return to your old habits.

Bryan Larson was in the best shape of his life when he graduated from the Army's basic training at 22 years of age. Now 69, Larson struggled with fluctuating weight his entire life – from obese to overweight and back to obese – until an epiphany six years ago.

"Before my father-in-law passed away, he was over 300 pounds and was bedridden for a year and a half," Larson recalls. "I looked at myself and said, 'This is where I'm headed if I don't do something.' Honestly, it's where a lot of people are headed if they don't make changes in their lives."



Today, Bryan Larson is an Emotion Code and Body Code practitioner and the founder of Excellent 4 Health, a holistic healing practice dedicated to helping people release emotional baggage, enabling them to restore their physical health and reach their full potential.

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Bryan Larson

"Change is not always easy for people," says Larson. "True health, excellent health, requires a change in lifestyle. The Emotion Code and Body Code can help change your mindset and prepare you for change."

According to Larson, the subconscious mind has the answers to finding the pathway to complete wellness; the subconscious mind knows what is holding you back from having a truly abundant life.

Developed by Dr. Bradley Nelson, the Emotion Code and Body Code tap into the subconscious mind to identify the cause of energy imbalances in the body.

"Negative emotions have their own energy which gets trapped within our energy," explains Larson. "Over the years people trap different energies that slow them down. By accessing the subconscious mind, through muscle testing, in person or by proxy, I can identify where these emotions are trapped and release them. This is what the Emotion Code and Body Code is all about. It's about finding those trapped negative emotions and releasing them so you can pursue a healthier, happier and more abundant life."

“That’s why I want to find people to help,” says Larson. “There’s so much that needs to be taught.”

CUTV News Radio will feature Bryan Larson in a two-part interview with Doug Llewelyn on August 19th and August 26th at 12pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Excellent 4 Health, visit <http://www.excellent4health.com>

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