

# Nancy L. Neff Coaching and Healing to be Featured on CUTV News Radio

FISHKILL, NEW YORK, USA, September 12, 2016 /EINPresswire.com/ -- Our eyes are as unique as we are. They are our windows to the world and windows to our soul.

But according to recent studies by the National Eye Institute, nearly half of all Americans have poor eyesight or some kind of vision problem. That same study estimated that the annual cost for correcting visual impairment is between \$3.8 and \$7.2 billion for persons 12 years and older.

If you have a weight problem, you can do something about it if you exercise and eat right. If you have a heart condition, it might improve if you can manage your stress. Yet somehow our eyesight is in a separate category; once you start losing your vision, there's nothing you can do about it.

Still, the question remains: is it really possibly to naturally improve eyesight?

Nancy L. Neff helps people improve their eyesight in an energetic way. She's not an eye doctor. She's a vision coach. And she's the founder of Nancy L. Neff Coaching and Healing.

"There's so much you can do energetically, behaviorally, emotionally, without glasses and without surgery to help this," says Nancy. "A lot of it is just habits of the eyes and focusing on what you can see and not on what you can't."

Nancy says the reason she cares so much about being a vision coach is because she wants to save people from all the agony she went through.

"I grew up wearing really thick glasses," recalls Nancy. "As I got older, my prescriptions got stronger





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*Nancy L. Neff*

and stronger. When I was a teenager, everyone was worried I was going to lose my eyesight. I was worried about that too. I used to walk around my house with my eyes closed, practicing for my future. If I grew up to be a blind adult, I didn't want to be completely helpless.”

Like many people, Nancy believed there was nothing she could do about her rapidly deteriorating vision. That is until she stumbled upon a behavioral optometrist who helped her

to gradually improve her eyesight. Nancy says she found that as her vision improved, so did her social skills and ability to reach out.

“Suddenly my world opened up. It was like he told me I could fly and I was trying out my wings,” says Nancy. “So I want you to be less dependent on glasses and more dependent on your own eyes. It's about changing what you focus on, what you pay attention to.”

CUTV News Radio will feature Nancy L. Neff in an interview with Doug Llewelyn on September 14th at 3pm EDT

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Nancy L. Neff Coaching and Healing, visit <http://www.nancyineff.com>

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