

Transformational Energy Weaver and Artist Janet Stanley to be Featured on CUTV News Radio

INNISFIL, ONTARIO, CANADA, September 26, 2016 /EINPresswire.com/ -- Each of us is a creative work, bringing to form our ideas and our way of being in the world every day. Sometimes we're not comfortable with a piece. It seems out of control or outside the lines, but it's an essential part of who we are becoming and where we are going.

Janet Stanley's life has always been about exploring transformation – in her living, in her art and in her healing work. Janet is an abstract expressionist painter, Transformational Energy Weaver and the founder of Open Heart Healing, where she creates healing works of art and holds space for others expand into a more radiant version of themselves.

"This is about getting clear on who you are and what you're doing, but more importantly who you are becoming," says Janet. "We're always shifting. That's life's journey. This life that we're living is something we dream in. If you want to change your life, change the dream."

Janet first came to discover the power of energy work through her art. Both art and shamanism are process-



driven, but it's a process of allowing. According to Janet, the creative process accesses the same pure potentiality that fuels personal transformation and expansion.

"My work is about expansion," says Janet. "People come to me when they are ready to step into something bigger. When we're really expressing from the soul level, we're in absolute joy. When we find our bliss, it touches every single life we touch. So it's about being connected to the life we're living and making that life a reflection of what's inside us."

Janet says it's important to step outside of the roles we fall into and allow ourselves the freedom to shift and reinvent ourselves. Janet's clients include other healing arts practitioners: massage therapists, artists and entrepreneurs with creative passion.

"This is about being immersed in your individuality, sharing your unique gifts and being sovereign unto yourself," says Janet. "When you follow your inner voice and continue to listen to it you'll end up where we need to be. It's taken me all over the world and I'm not done."

CUTV News Radio will feature Janet Stanley in a two-part interview with Doug Llewelyn on

September 28th at 1pm EDT and with Jim Masters on October 5th at 1pm EDT.

Listen to the show on BlogTalkRadio.

If you have a question for our guest, call (347) 996-3389.

For more information on Janet Stanley, visit http://www.janetstanley.ca/



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Janet Stanley

Lou Ceparano CUTV News (631) 850-3314 email us here







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