

Jannah Martin of Woodland Natural Wellness to be Featured on CUTV News Radio

SALEM, UTAH, USA, September 27, 2016 /EINPresswire.com/ -- As more and more people have become disenchanted with the modern approach to medicine, many men and women are turning to alternative healing methods to address their needs.

The Emotion Code and The Body Code allow you to conceive of your body in a completely different way.

Jannah Martin is a certified Emotion Code and Body Code Practitioner and the founder of Woodland Natural Wellness, an energy healing practice dedicated to helping individuals release the unwanted emotional baggage at the root of our emotional and physical pain.

“Energy healing is non-invasive and effective,” says Jannah. “Why continue to put “Band-Aids” on our issues when we can access their root causes and free ourselves from the negative energies of our trapped emotions?”



According to Jannah, our responses to our experiences manifest themselves in many different ways in our physical body. Each day we feel a whole gamut of emotions—happiness, grief, anger—and normally our body simply processes them. In times of great stress, sometimes these emotions are not processed effectively and become trapped in our body.

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Jannah Martin

Jannah says she’s always been interested in exploring more natural ways to care for her six children, but thought energy medicine was a bit strange. That was until she met Dr. Bradley Nelson, creator of the Emotion Code and Body Code system.

“It didn’t sound like the weird stuff I’d heard about before. It just really resonated with me,” recalls Jannah. “I began

working with my family. When we started to see results, I was floored. If this was helping my family, I knew I could help other people as well.”

Most recently, Jannah has focused primarily on individuals who suffer from anxiety or depression.

“Anxiety and depression was the furthest thing from my mind as far as what I wanted to focus on with energy work,” recalls Jennah. “We had a neighbor who struggled with post-partum depression. She ended up passing away as a result of her depression and left behind her husband and five children. It was a blow to our community. As I was speaking with people and I tried to gather information, my eyes were opened to the huge need that exists in this area.”

Jannah says the best part about The Emotion Code and the Body Code is that clients don’t have to pour out their souls to remove their obstacles. A client can choose to share their stressful experience if they want, but they don’t have to. You acknowledge that the experience happened and release the charge of energy that’s affecting them.

“This work excites me,” says Jennah. “I feel like I have found my true calling as a healer. It’s humbling to be in a position where I can make a difference in somebody’s life. I see Woodland Natural Wellness really taking off.”

CUTV News Radio will feature Jennah Martin in an interview with Doug Llewelyn on September 29th at 6pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Woodland Natural Wellness, visit <https://www.facebook.com/woodlandnaturalwellness>

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