

Jo-Anne Eadie of Power of Freedom to be Featured on CUTV News Radio

BRANTFORD, ONTARIO, CANADA, September 28, 2016 /EINPresswire.com/ -- With emotional freedom you have personal power.

Jo-Anne Eadie is a Master Consulting Hypnotist and the founder of Power of Freedom, where she provides hypnosis services and EFT Emotional Freedom Technique for weight solutions, smoking cessation and general stress. Her goal with every client is to empower them to help themselves.

"Hypnosis is such an amazing method of making changes because the mind is so powerful," says Jo-Anne. "Change is effective and easy using the power of the mind."

Since 1993, Jo-Anne has aided clients through a holistic approach to wellness, encompassing the physical, mental, emotional and spiritual needs of each individual client. Jo-Anne specializes in hypnosis for weight loss using the Virtual Gastric Band (VGB) with hypnosis. The Virtual Gastric Band is a non-surgical technique that uses the power of hypnosis to retrain you to be more satisfied with smaller portions of food. It changes how you think about food and offers safe, predictable results. The VGB can be a long-term solution to your battle with weight and your relationship with food.

Jo-Anne has even authored a book on her own program called Exhale Weight for the emotional aspects of overeating.

"Overeating is one of the most complicated addictions because we all have to eat. The problem is that we've lost the ability to feel full," says Jo-Anne. "Through this program, we give them back that ability."

Jo-Anne says that hypnosis is effective because it bypasses the critical mind factor. While our conscious mind filters information, our subconscious mind only collects information. The conscious mind has beliefs and habits. If we work with the subconscious mind, we can delete and change information, just like you would on a computer.

"I feel so privileged to be able to do this work," says Jo-Anne. "Clients walk out of your door and you've changed their life."



CUTV News Radio will feature Jo-Anne Eadie in an interview with Doug Llewelyn on September 30th at 3pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

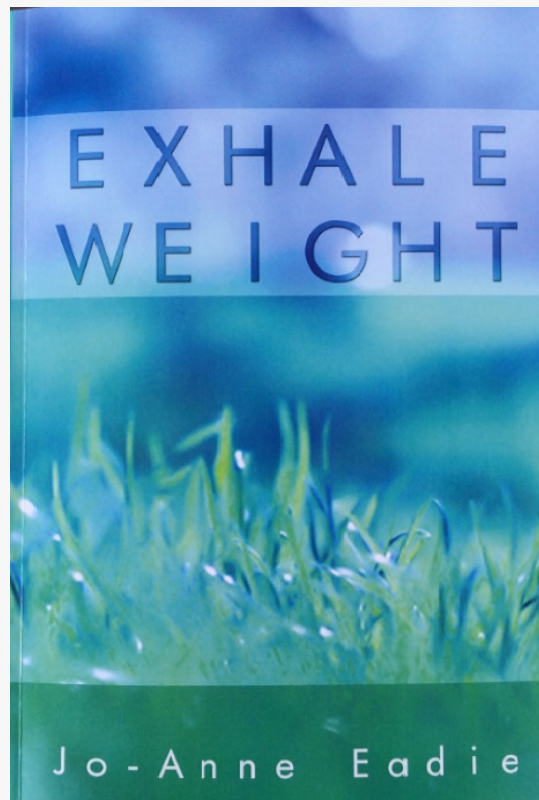
For more information on Power of Freedom, visit <http://www.poweroffreedom.ca>

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Jo-Anne Eadie

Lou Ceparano
CUTV News
(631) 850-3314
email us here



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